

*The John Howard Society of
Ontario*

*Adult Services and Program
Inventory by Affiliate*

February 2009

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John Howard Society of Ontario Adult Services and Program Inventory by Affiliate

About the compendium...

John Howard Societies across the province deliver a continuum of programs and services, from primary prevention through to after-care and re-entry.

What follows is a substantial and representative inventory of adult programs and services provided by the John Howard Society of Ontario through its eighteen provincial affiliates.

Many of these services operate informally, and voluntarily, or outside the purview of the formal judicial system.

Referrals are made by agencies, schools, parents, police, and some receive referrals directly from the courts. Other services are delivered through the auspices of probation/parole and some function as alternative-to-custody or post-custodial reintegration services.

About using this document...

This compendium was completed in February of 2009. Individuals who are making referrals for service or who plan to access programs directly based on the information in this document are encouraged to contact the affiliate before hand, in order to ensure that the details included here continue to be accurate. Funding for many of the services and programs listed in this compendium are based on time specific contracts and end at different times of the calendar year. In addition, changes to programs and service delivery do occur from time to time for various reasons.

The staff at The John Howard Society of Ontario would like to extend a very special "thank-you" to all of the Executive Directors and JHS staff, students and volunteers who contributed to, and assisted with this document.

JHS Belleville and District

329A Front St. (613) 968-6628

Pardon Assistance- This free workshop is delivered weekly at JHS' office and monthly in Trenton at Ontario Works to assist individuals to seal their criminal record in order to obtain employment and /or travel outside of Canada. The workshop is a thirty minute session to start the process. When the first part of the Pardon process is completed, JHS needs to be contacted to set up an individual appointment to complete the second phase.

This program receives no specified funding. Instead, it is offered as a core service and will continue as long as the overall funding for the affiliate continues.

Work Boot Program – This program assists people requiring steel toed shoes or boots. The foot wear is donated by a local business, two to three times per year at the end of a season. Limited sizes and styles are available. Donations are limited to one pair per person, per end of season donation. Access to the foot wear is available during office hours when a staff person is on site.

Anger Management Program – Group or individual formats may be available (dependent upon staffing and waiting list) for providing anger management training over a period of ten sessions. The individual sessions are one hour in length and the group sessions are two hours in length. The program is offered on a fee for service basis (individual sessions are \$350.00, group sessions are based on a sliding scale). An intake session must be completed to determine suitability prior to an individual beginning the program. Curriculum includes examining "the anger model", identifying triggers, developing coping skills, identifying ways of thinking that get us into trouble, discussing styles of anger, communication skills and more.

Partner Assault Response – This domestic violence group program for men who have been charged/convicted of partner assault is offered in the Bancroft area at a local community agency by JHS Belleville (through a sub-contract arrangement with JHS Peterborough). It provides sessions over a period of 8 weeks (condensing the mandatory 16 session curriculum), for 3 hours and 15 minutes per session (individual sessions are only arranged in cases where females are referred). Program participants must complete 7 of the 8 weeks. Fees for this service are based on a sliding scale (\$400 for those working full time or \$80 for those receiving Ontario Works benefits or if unemployed). Attendance is mandated by the courts or probation. Individuals must complete an intake assessment to determine eligibility prior to commencing the program. Women and families impacted by the assaulting behaviour are also assisted through a partner/victim contact component of this program. Here, phone calls are made to women who have partners in the PAR program to offer referrals, safety packages, and other necessary information.

Funding for this program is dependent on ongoing contracts between JHS Peterborough and the Ministry of the Attorney General.

Core Services

Consisting of one on one counselling, case management, advocacy, referrals, employment and housing assistance, these core services are offered at both the main JHS office and off site at other agencies in towns within the catchment area. They are available to adults who are involved in the criminal justice system and who require assistance to realize their personal goals. Community referrals are also made if resources are available. One hour sessions are provided as needed, following the completion of an initial intake assessment. Participation is voluntary though some are directed by their Ontario Works worker or probation officer to attend.

This program receives no specified funding. Instead, it is offered as a core service and will continue as long as the overall funding for the affiliate continues.

JHS Durham

Main office, 75 Richmond St. W (905) 579-8482

Ajax Sub-Office, 136 Commercial Ave. (905) 427-8165

Bowmanville Sub-Office, 132 Church St. (905) 623-6814

Whitby Residence, 200 Byron St. N. (905) 668-4614

Oshawa Residence, 298-300 Anderson Ave. (905) 434-5388

Whitby Resource Centre, 105 Consumers Dr. (905) 666- 8847

Anger Management (Youth and Adult groups)

These fee-for-service programs (based on a sliding fee scale to accommodate the financial situation of each individual), are operated as two separate groups; one for adults, and one for youth. Both are run for a ten week period for 2.5 hours each week, on site at one of the four JHS Durham offices in Ajax, Whitby, Oshawa or Clarington. Each week builds on the previous week's content. Program foci include identifying anger triggers, developing coping skills, recognizing alternate methods to expressing frustration and emotions in ways that allow for healthy emotional expression and the avoidance of physical outbursts, harm to relationships and self and/or legal complications.

This program has been running for over ten years, January through September. One to one counselling is available and is typically taken up by some of the participants. All participants attend an initial intake meeting prior to the group and if suitable, they are referred for the program by the intake counsellor. Some light refreshments are served and participants are both voluntary and mandated (typically referred by the Court system). Each participant receives a workbook and a certificate upon successful completion at the end of the program.

Funding for this program is ongoing and provided by the United Way.

Project X-Change

This is a free, anonymous, needle exchange program, operating 5 days a week, Monday to Friday during the day, and evenings until 10:00 p.m. (after hours by pager via our mobile Harm Reduction staff). It is accessible to any community members who use intravenous drugs. It is offered through an informal partnership with the AIDS Committee of Durham. The program takes place on site at the JHS Durham offices in Ajax, Whitby, Oshawa and Bowmanville, providing safe, anonymous points of disposal for used needles in exchange for clean materials, including swabs, cotton filters, arm ties, sterile water, cooker spoons, polysporin, vitamin C, condoms and more. Education on safe injection, protecting personal health, and the risks of needle sharing are also provided. Community referrals for food banks and other resources are also made.

Funding for this program is provided by the Region of Durham, Health Department.

Dads Aiming for Direction and Support (D.A.D.S.)

This program was developed in 1997 by JHS in consultation with other community agencies. JHS also provides training for other service providers wishing to offer this program to single fathers.

There is no fee for this program which is 10 weeks in length. Each session is 2.5 hours and is delivered on site at three of the JHS Durham offices (Ajax, Whitby or Oshawa). One to one counselling is typically taken up by some of the participants.

Each week builds on the previous week's content. Each participant must complete an intake assessment prior to beginning the program. Intake sessions are conducted by a counsellor who may then make a referral to the D.A.D.S. program. Other agencies including the courts and the Children's Aid Society also refer participants for this program, and therefore, both voluntary and mandated participation is common. Workbooks for each participant are provided and certificates upon successful program completion.

The goals of the program include assisting single fathers in the change of environment from shared parenting to sole-parenting and identifying related challenges and solutions. The program recognizes the value of fostering and maintaining positive communication with former partners to be able to work together to ensure that children have a healthy home environment. Knowing that they are not alone, single fathers in the D.A.D.S. group learn that there is a network of help and opportunities to assist them to work through difficult times.

Funding is provided by the United Way.

Learning Alternatives Program and the ACE Literacy program

This free program is offered to anyone over the age of 18 that wants to improve their basic literacy skills in reading, writing, and math. The pace of the program is set to

the needs of its participants. Some may also want to enhance their skills to improve the possibility of employment or access other education based initiatives and computer based learning tools. Extensive texts and workbooks are drawn from and class trips are arranged from time to time.

Prior to beginning the program, each participant meets with an intake counsellor who then makes the referral to the program if appropriate. The program is offered year round, all day, five days each week at the JHS' Durham office. From September to June the program is also offered for a half day, five days each week, at the Bowmanville location in partnership with Durham College of Oshawa. Some flexibility is available to accommodate participant's scheduling needs. It is most important that a commitment is made by the client to attend on a regular basis. Some participants may also choose to engage in one on one counselling, also available at JHS Durham.

The program runs its own small snack bar/coffee table within the Bowmanville and Oshawa offices. Funding is provided by the Ministry of Training, Colleges & Universities.

Housing Services

This is a free program offered at the Oshawa and Bowmanville JHS Durham offices to anyone in need of assistance to find affordable, stable housing. Available daily from Monday to Friday, this program also provides help to individuals needing to replace personal identification documents, create a home budget, or manage/resolve landlord-tenant related issues.

Participants are seen by appointment only. Goals of the program include increased stability of the living conditions of individuals and families. In addition, public education is provided on the rights of tenants and obligations of landlords as property owners. Connections to community resources including food banks, shelters, clothing, bedding and the local rent bank are also made. In most cases, informal counselling is also provided. Limited support for transportation to emergency shelters maybe available, as is some food through the provision of an "in-house" cupboard for those in crisis.

Funding for this program is provided by the Region of Durham.

Counseling

Fee for service counselling sessions are offered Monday to Friday on an individual basis at JHS Durham's Ajax, Whitby, Oshawa and Bowmanville offices. New clients are welcome on Thursday mornings only on a first come first served basis. These services are open to any individual or couples who are seeking support for personal issues that may include stress, anxiety, relationships, career changes, depression and motivation. Typically there is no waiting list for this program but

entry is on a first come, first served basis. Fees for this service are based on a sliding scale.

These counselling services are funded by the United Way.

Equi-Pass Online Skills Upgrading

This is a fee for service program (\$25 per year for access to all 100+ courses) that assists individuals to upgrade their digital literacy skills at their own pace from anywhere they have access to the Internet. Courses include Ic3 (Internet Core Computing skills Certification), MS Office applications, Windows, Business Communications, Team Management, Quickbooks, Digital Imaging, and A+ Certification.

Program users are screened for basic computer familiarity. If they lack these fundamental skills, they are referred to alternative basic introductory computer programs in the community. Once they have acquired these skills, they are welcome to utilize the Equi-Pass Online services. The programs are individualized, allowing for people to work at their own pace. Group-work days are also facilitated at various intervals. Upon completion of specific online courses, users can print certificates to keep with them.

JHS Durham is the Provincial and National coordinating office for bringing other JHS affiliates on board for this program. Global Learning Group develops the funding resources. InfoSource Learning is the software developer. Funding is provided by JHS Durham on an in-kind basis while additional funds are provided by Strategic Solutions Consortium, GLGI, and user fees.

Active Parenting

This fee for service program provides group sessions for parents who have children in three different age groups. This program is offered at JHS Durham's Ajax, Whitby and Oshawa offices. Sessions are ongoing and run from September to June each year. Each group session is eight weeks long and runs for 2.5 hours. Only one missed session for each group cycle is permitted and participants are both voluntary and mandated.

Parents in this program have the opportunity to enhance their parenting skills and learn best practices for establishing real communication, while helping to teach self-reliance and responsibility to their children. Goals include replacing power struggles with cooperative family decisions. Each participant has an initial meeting with a counsellor prior to beginning the group and some take part in one on one counselling afterwards. Some video based content is included along with the provision of workbooks for each participant and a certificate of completion at the end of the program.

Funding is provided by the United Way.

JHS Hamilton, Burlington and Area

201-225 King William St. (905) 522-4446

Community Anger Management Program (CAMP)

This project has been running since 1998 and responds to a need identified by service users (at the point of intake and walk in), by other community agency professionals and by the general public. It provides adult anger control skills based on a cognitive behavioural approach.

The fee for service group program (based on a sliding scale) takes place in the evenings during the fall, winter, and spring seasons. Those who cannot pay are referred to a community based, free program at another agency. Each cycle is made up of ten sessions which are two hours each. In order to successfully complete the program, eight of the ten sessions must be completed. The curriculum includes some modules from Correctional Service Canada programs that have been adapted and extended to fit the needs of the client group. It is open to men and women who are 18 and over. Participants can be self-referred or maybe court ordered to attend.

Funding for the program is provided by service fees paid by participants.

Career Links Employment Services

Career Links is a free rapid re-employment initiative that has been running since March of 2008. It is a 12 month pilot program that provides services to those who have been impacted directly or indirectly by downsizing, restructuring or lay offs in the manufacturing, agricultural, forestry or tourism sectors. Career Links can provide services to clients who are on severance, notice of lay off or who have already been laid off, and has been designed to reduce or eliminate barriers to future employment.

The program has funding to purchase goods and services to assist and support clients to achieve their employment and training goals in a timely manner, unlike all other programs of this nature in the community. These services include employment related assessments and certification (GED, welding, forklift), the purchase of personal or credit/ financial counselling, the purchase of basic tools/equipment required for employment (work boots, welding helmet, safety equipment), and the reimbursement of employment/training related expenses (medical, college application fees).

There is also a case management component to this program and participants can take part in counselling (personal, or financial/credit), which may also be purchased on the client's behalf. Employment/career counselling is provided on site by WorkPath (another JHS employment program). Services are offered from 8:30 a.m. to 4:30 p.m., Monday – Friday, though there is some flexibility to offer services during evenings and weekends for those who may still be working and on notice of lay off.

Though the majority of participants are voluntary, some mandatory participation does take place through referrals from Ontario Works.

Career Links clients are able to access other JHS programs and services on site (adult and youth justice services, community information and referral services), where appropriate. Funding is provided by the Ministry of Training, Colleges and University, and Employment Ontario as an AAP (Adjustment Advisory Program).

Family Support Program

Developed in 1995, this parenting course was based on the Earls court Parent Program and the SNAP technique. It has, however, evolved to meet the dynamic needs within the community and is based on JHS' identification that pre/post charge diversion youth require extra support regarding family management strategies as a way of preventing further contact with the youth justice system.

The free group program is open to parents with children between the ages of 12 – 17 years old, though at times, parents with younger children do attend as a proactive measure, to prepare for their child's upcoming teen years. It runs for approximately 16 hours every other month and consists of 4 sessions that run once per week for two hours. Clients may register for one, any, or all of the sessions.

The program's purpose is to educate parents while providing necessary tools and useful referrals to other community resources. In addition, the program affords some crisis counselling through a telephone hotline. One on one crisis intervention sessions are also provided and a Parent Support Worker is available for ongoing assistance to parents beyond the completion of the group workshops.

At least 4 program sessions are facilitated at JHS' location. Other sites where the program is offered include community centres, recreation centres, schools and shelters.

The Hamilton Wentworth District School Board, Hamilton Police Services and The Hamilton Crown Attorney's Office provide guest speakers for the final session of the program.

Suitability for the workshops is based on the age of the youth and the concerns that the parents are dealing with. Though there is no formal assessment tool used to determine suitability, during the initial call to JHS, the Parent Support Worker can assess whether the parent's needs would be met through the program. If it is not a "good match", additional resources and community contact information is provided.

Bus tickets are provided if necessary. Refreshments and snacks are also provided. The majority of participants are voluntary but at times Child Welfare Agencies may mandate their clients to attend.

Funding is provided by The United Way.

WorkPath

WorkPath evolved from a previous employment program designed specifically for clients with criminal justice involvement. When funding priorities (Service Canada) changed in 2005, WorkPath became a mainstream community employment program. An agreement for ongoing funding is in place until March 2010.

Any unemployed/underemployed resident of the community is able to access WorkPath in either a group format or via one on one counselling at no cost. The ACEC primary assessment tool is utilized at the point of intake. All participants take part in this process in order to be assessed prior to beginning the program. WorkPath, offered on site at JHS from Monday to Friday between 8:30 a.m. - 4:30 p.m. is designed to assist and support clients to achieve their employment and training goals. To this end, services are provided in the areas of career decision making, job search, job skill enhancement and employment maintenance.

Strong working relationships with a variety of community partners (employment assessment centres, community service providers etc) have been established.

The majority of clients participate voluntarily, however, some mandatory participation referrals from Ontario Works are made. WorkPath clients are also able to access other JHS programs and services on site. Funding for the program is provided by the Ministry of Training, Colleges and Universities, and Employment Ontario as an EAS (Employment Assistance Service).

Breaking the Cycle: Youth Leadership Ambassador Program- YLAP

Through relationships with community partners (Hamilton School Board and Hamilton Police Service), JHS learned of a need to provide prevention and change management services to youths between the ages of 12 and 23 in order to address gang involvement and to reduce the likelihood of other youth becoming gang involved. Participants must be 16 to 23 years of age and gang involved or at risk of gang involvement through affiliation.

The program, offered on site at JHS Hamilton is modeled after its successful predecessor, run by the Canadian Training Institute in Toronto and has been in operation since March, 2007. Community partners such as the Hamilton Police, youth justice services, school boards, and other community and social services providers support the program through referrals, though participation is voluntary. Each participant is assessed by a YLAP youth worker prior to commencing the program. Breaking The Cycle promotes positive behaviour change through the development of pro-social, leadership, and employability skills. Due to the complex nature of the participant group, both individual and group formats are used.

The program design also provides children and youth between the age of 12 and 16 with “ambassador crime prevention presentations”. At these events, an “ambassador” (participant of from YLAP), speaks about the perils of gang involvement and their own cognitive processes related to positive changes.

In a safe and supportive environment, youth committed to change take part in this intensive 3 week personal development and case management phase (30 hours per week). They are given the opportunity to strengthen their capacity and resiliency through accessing social learning strategies, establishing personal goals and employment readiness skills to facilitate re-entry to school, vocational training and/or employment upon program completion.

Currently 2 sessions run with 15 participants in each. Bus passes are paid for and provided to the participants.

The Breaking the Cycle Youth Leadership and Ambassador Program is currently funded by Service Canada (contracted until March 2009), Justice Canada (contracted until March of 2009), and the Hamilton Community Justice Fund. Ongoing program delivery is contingent on additional financial resources and JHS Hamilton is currently seeking these opportunities.

The Adult Diversion Program

The John Howard Society of Hamilton recognized the growing need for alternative measures in accordance with Section 717 of the Criminal Code of Canada. Originally offered as a pilot project, the program has continued on a fee for service basis with the approval of the local Crown Attorney’s Office.

The Adult Diversion Program has been delivered since 1993 at the Hamilton Court House on a daily basis. It is open to individuals with limited or without past criminal involvement, who have been charged within the schedule of offences that have been deemed acceptable for diversion. The program is an alternative measure, diverting selected individuals from the normal court process, while still holding them accountable for their actions.

The Crown’s Office determines eligibility for the program but participation by the offender is voluntary (all clients are required to attend an intake session, approximately ½ hour in length). A personal interview is conducted to determine appropriate community sanctions.

Funding for the program is provided by service fees paid by participants and range from \$150.00 to \$400.00. To ensure that the Adult Diversion Program is accessible to all persons, the program fee is assessed on a sliding scale based on ability to pay.

Bail Verification & Supervision Program (BVSP)

This program began at JHS Hamilton in 1979 as Pre-Trial Services, funded by the Ministry of Corrections. It serves accused persons who are released on bail with a condition to report to the Bail Verification & Supervision Program. Bail reporting takes place between the hours of 8:30 a.m. to 4:30 p.m. and in the evenings on an as-needed basis.

The goal of the program is the promotion of the fair treatment of all, regardless of social and economic background. BVSP assists with bail decisions by providing neutral, verified information to the court in order to reduce the number of “fail to appear” charges at Court, and to reduce the remand population in jail. The program encourages compliance with bail conditions by providing support and guidance to the accused during the pre-trial period.

The bail verification process is conducted at court and supervision interviews are conducted on site at JHS, and, on occasion, at the JHS court office. Clients are required to attend bail reporting appointments as determined by their Bail Supervisor. Case management, including completion of the LSI-OR Revised risk/needs assessment, counselling and referrals to other community resources, is an integral part of this program.

A Bail Verification Sheet is completed by the bail worker on each individual in custody who is being considered for support by the BVSP. Eligibility for the program is determined through verification of the information collected and by reviewing the Crown Brief and/or in consultation with the Bail Crown.

On occasion bus tickets or transportation expenses are provided to the clients of the program for the purpose of attending court appearances.

Though participation in the program is initially voluntary (the accused does not have to agree), once the client agrees to the bail reporting conditions, the program becomes mandatory.

Funding is renewed on a year to year contract basis by the Ontario Ministry of the Attorney General.

Crisis Intervention & Reintegration Services

These core services have been offered continuously since the agency’s inception in 1949, though it has operated under different names at different times. The population served by this program includes former prisoners, individuals at-risk of coming into conflict with the law, their family members, community organizations and local citizens.

Clients who wish to take part in this program may contact the agency through phone, e-mail, or regular mail. Other enquiries (phone, e-mail,) are responded to on a daily basis). The program is offered on site, Monday through Thursday from 1 – 4 p.m. Crisis Intervention and Reintegration Services include: Crisis intervention; risk reduction through support and advocacy; referrals to in-house or other community resources; practical assistance (e.g. filling out forms, Pardon applications), and providing members of the community with information on justice issues.

Case management services are available for those who wish to access ongoing service or short term crisis intervention. Bus tickets are available on a limited basis to those receiving ongoing services within the program (e.g. to attend court, to get to a community resource). Food vouchers, donated through our Adult Diversion Program are available on a limited basis to those in need.

Funding is provided by the United Way of Burlington & Greater Hamilton.

Community Integration Services Directory (CIS)

This project responds to the needs of clients leaving the correctional system which is one of the priority groups in Hamilton's Homelessness Partnership Initiative Community Plan Update.

JHS created this directory of local services to assist the specific target population. The directory services will be updated through the Crisis Intervention & Reintegration Services which is funded by local United Way. The directory is intended to assist those who are currently in custody and will be coming to Hamilton after release, those who have recently been released from a provincial/federal institution or correctional center into the Hamilton Area, or those who are coming to the Hamilton Area from another city, province, etc.

Other groups utilizing the directory include discharge planners, probation/parole officers and staff or volunteers working at community agencies that provide services for correctional clients. The directory is meant to provide information that can help people establish themselves in the Hamilton community. It also affords institutional professionals a guide to community services that would be beneficial to those engaged in discharge planning. Finally, it allows for community agencies to better assist clients by establishing protocols between one another.

Project funding for the directory was provided by the Homelessness Partnership Initiative through the City of Hamilton's Community Services Department which administers the program in conjunction with the Community Advisory Board.

Funding has been provided on a one year basis until March 31, 2009.

Transportation Program

This program has been in operation for over 30 years and provides an affordable option for individuals who wish to visit family members or friends incarcerated in the federal institutions in Kingston and Warkworth.

Since prison inmates are positively impacted by being able to maintain face to face contact with their family/community supports, this program contributes to their ability to succeed upon release. In turn, their success will have a positive impact on the community.

Trips to the federal institutions are scheduled for the 2nd and 4th Saturday of each month. Occasionally trips may be cancelled due to factors beyond the control of JHS (e.g. bad weather, prison lock-down, etc.). The fee is \$40 per passenger and children 12 and under travel free. Passengers are picked up at a location in downtown Hamilton. Drivers in this program are volunteers.

Funding is provided annually for this program by the United Way of Burlington & Greater Hamilton and by passenger fees.

[JHS Kawartha Lakes and Haliburton](#)

[31 Peel St. \(705\) 328-0472](#)

Housing Coordination Program

This program, offered Monday through Friday, has been in operation for 25 years and serves all members of the community including singles, families, working and unemployed people at both the Lindsay and Haliburton office sites. The goal of the program is to assist people in obtaining safe, adequate and affordable housing through referrals to market rental units. Another important goal of the program is helping service users to maintain their tenancies. This is achieved through working with a number of different local agencies. Case Management services are also offered through this program and clients are assisted with specific needs that they might have, associated with independent living. This may include helping them to access OW/ODSP and intervening with landlords. All new clients must complete an intake assessment. Though most services within this program are offered on a one on one basis, occasionally and upon request, workshops on housing issues are provided to groups throughout the community.

Funding for this initiative flows through the Province to the City of Kawartha Lakes.

Outreach Literacy Program (OLP)

This free, community based program offers literacy services by volunteer tutors to all those with low literacy levels (literacy basic skills 1 & 2), and adult learners wanting help with reading, writing, math, computers, employment or to further their education.

Offered at both affiliate sites in Lindsay and Haliburton, Monday through Friday, (as well as at other community locations such as libraries if requested and arranged by client and tutor), is part of Literacy Services Network. This includes Pre-Credit classes with the school board and an Academic Upgrading program through the local College. Prior to beginning the OLP program, a literacy standardized assessment tools (Skill Profile and Communications and Math Employment Readiness Assessment-C.A.M.E.R.A.), are administered to each participant by the program Coordinator. All of the work done in the program is conducted on a one on one basis as well as in small groups. Community care drivers are available to transport participants to learning sessions. All participation is voluntary and some light refreshments may also be available.

Funding is provided by the Ontario Ministry of Training, Colleges and Universities (MTCU).

Intermittent Community Work Program

This program, delivered in partnership with Operation Springboard, is offered at the JHS' main office site and is available to adult men serving intermittent sentences in the community. The goal is to keep individuals connected with their family and other positive supports, and to help them to remain employed while serving their sentence. It also allows the participant to be able to give back to their community. Case Management services are available and supervision is usually on the weekends (this may vary at times). A Case Manager is on call (14 hours over the weekend) and each client is required to complete a minimum of 11 hours of work within the placement (this is spread out between Saturday and Sunday). Referrals (temporary absence passes) are received from Operation Springboard by fax. The JHS Case Manager then places the client and faxes completed Temporary Absence Passes (TAP's) back to Springboard. The client is approved for the program by the TAP Coordinator from Central North Correctional Centre. All work with program participants is provided on a one on one basis and all participation is mandated by Central North Correctional Centre, Ministry of Community Safety and Correctional Services.

Funding for this program is provided on a sub-contract basis through Operation Springboard whose contract is reviewed annually.

Community Service Order Program (CSO)

This program provides opportunities for youth and adults who have been convicted of a crime and ordered by a Judge (mandated) to complete community service hours as a way of giving back to the community. The initial assessment takes place at the JHS office and placement locations are available throughout the City of Kawartha Lakes and Haliburton. Though there is no counselling component to this program, clients are seen on an ongoing basis for the duration that the CSO is outstanding.

Funding for this program is provided by the Ministry of Community Safety and Correctional Services.

Partner Assault Response (PAR)

Parameters and curriculum for this program have been set by the Ministry of the Attorney General. This 16 week program provides programming for court ordered persons charged with domestic violence related offences as well as for those referred by probation. In some circumstances, the Children's Aid Society may refer a client who has not been criminally charged but requires assistance from the program.

The goals of the program are to increase victim safety and help prevent re-victimization by holding participants accountable for their actions and providing them with pro-social tools to resolve conflicts.

Females are accommodated individually.

There is a fee for this program that ranges from approximately \$80.00 to \$300.00 and is based upon participant's income levels.

Groups are held onsite as well as in the community as needed. The JHS PAR Program Coordinator is responsible for arranging groups and may, from time to time, counsel problematic situations as needed. There are two facilitators per group, one male and one female. Each PAR group session accommodates 15 clients for 16, 2 hour sessions in group. There are about 2 groups running each week/month. Clients must attend 13 of the 16 sessions in order to complete the program. There is a separate female partner contact coordinator who contacts the female partners of the participants in the group.

Funding is provided by the Ministry of the Attorney General. The contract is renewed annually.

Institutional Services- (IS)

This program includes one on one visitation, workshop delivery, and supporting family members who have a relative in custody. Volunteers and staff provide these services which are offered to inmates who have been provincially sentenced, remanded to custody, or who are being held on immigration matters at the Central East Correctional Centre (CECC). During two days each week, staff and volunteers provide one on one support to inmates during their incarceration. Support may also be provided following their release and once they are in the community. Assistance with finding housing and with resume writing to help secure employment is also available. In addition, basic life skills workshops are offered on a weekly basis at various times at the Central East Correctional Centre. Inmates may sign up to participate in these individual workshops.

Funding for this program is provided by the Ministry of Community Safety and Correctional Services and the John Howard Society of Ontario.

Self Management Program (Self Management Program)

This group program has been developed by JHS and is delivered via a contract with the Ministry of Community Safety and Correctional Services to provide 2 (10 sessions each, with 15-25 participants) groups per year. Each session is two hours in length and the program is held on site at the JHS office and in the community as needed. Participants are men and women who have been referred by the court or by other community service providers. Through this program they are given the opportunity to identify areas of stress/triggers that result in problematic behaviour. They are provided with tools and knowledge about how to use the insight that they gain to positively impact their behaviours, achieve more pro-social resolutions and prepare for further individual counselling.

Fees for participation range from \$80.00 - \$300.00 depending on the capacity of the individual to pay. Clients must attend 8 out of the 10 sessions to complete the program.

Some participants attend on a voluntary basis though most are mandated by the court or probation. Funding for this program is provided by the Ministry of Community Safety and Correctional Services. The contract is renewed annually.

JHS Kingston and District

771 ½ Montreal St. 1-888-325-7930, (613) 542-7373

Equi-Pass Online Skills Upgrading

This is a fee for service program (\$25 per year for access to all 100+ courses) that assists individuals to upgrade their digital literacy skills at their own pace from anywhere they have access to the Internet. Courses include Ic3 (Internet Core Computing skills Certification), MS Office applications, Windows, Business Communications, Team Management, Quickbooks, Digital Imaging, and A+ Certification.

Program users are screened for basic computer familiarity. If they lack these fundamental skills, they are referred to alternative basic introductory computer programs in the community. Once they have acquired these skills, they are welcome to utilize the Equi-Pass Online services. The programs are individualized, allowing for people to work at their own pace. Group-work days are also facilitated at various intervals. Upon completion of specific online courses, users can print certificates to keep with them.

Funding is provided by the fees received from the program's participants.

Employment Assistance Services (EAS) and Employment Resource Centre

This program commenced in 1997 to serve criminalized and at risk persons who do not access services offered in traditional formats (i.e. group format, self directed). The need was derived from clients in the JHS Kingston Employment Youth Services Program.

It is offered at no cost in partnership with Employment Ontario and is open to any citizen of Kingston to assist with the acquisition and maintenance of meaningful employment. The program is offered on site and transportation is provided on a limited basis. One on one sessions take place during regular office hours, following an initial needs assessment.

Originally funded by Service Canada, this program is now funded by Employment Ontario.

In-Take/Outreach Program

This program responds to the pre-release and post-release needs of prisoners and ex-prisoners from federal and provincial penal systems, mental health facilities, and addiction treatment centres. It has been in operation informally for 56 years and formally for over 10 years.

Each client completes a basic assessment but entrance to the program is based on having been recently released from an institution.

The In-Take/ Outreach program is a crime prevention initiative, seeking to address multiple "risk" factors relating to recidivism. Much of the work done in this area involves assisting clients to find and maintain emergency, short term, and long term accommodation to reduce the likelihood that ex-prisoners will re-offend following their discharge.

The focus is on providing personal support services to those re-entering the community after a period of institutionalization, such as financial assistance, housing, employment, counselling, practical support (e.g. transportation), the provision of food, clothing, referrals and social acceptance. Support for their families is another integral part of their post release needs and is also provided.

Partial funding for this program is provided by the City of Kingston. Through fundraising initiatives, JHS is able to raise the remaining 1/3 that is needed.

Institutional Services (IS)

JHSK has provided institutional services since its inception to support males incarcerated in Kingston Penitentiary, Regional Treatment Centre, Millhaven, Joyceville, Collins Bay Institution, Bath, Pittsburgh, Frontenac and Quinte Detention Centre. However, due to limited resources and increased needs, few one on one institutional visits are now provided. Instead, group programs consisting of 10, 1-2

hour sessions each take place in 5 local prisons. Clients are required to attend 7 of the 10 sessions.

Advocacy to address individual matters, systemic discrimination, risk reduction through reintegration planning and support to families affected by incarceration, are all services that are also provided.

Calls are accepted via the toll free number from jails at the office where a worker is available one day each week.

Partial funding for this program (1/4) is provided by JHS Ontario. JHSK raises ¾ of the additional funding required.

JHS London and District

601 Queens Ave. (519) 438-4168

Institutional Visiting

JHS provides counselling, information, advocacy, referrals and support to inmates detained at the local detention centre. (Elgin Middlesex Detention Centre- EMDC). A social worker visits the jail one half day per week. Contact is maintained with inmates transferred to other institutions via telephone, written correspondence and occasional visits. JHS accepts collect calls from institutions. Volunteers also offer a group for women detained at EMDC which involves relaxation and gentle exercise.

Funding for this program is provided by the United Way.

Pardon Assistance

This free service is delivered at JHS' office to assist individuals to seal their criminal record in order to obtain employment and /or travel outside of Canada.

Funding for this service is provided by the United Way.

The Boullee, Huron, Kipps Lane project

JHS and LUSO Community Services have been providing services in three vulnerable communities since 1999. The Boullee/Huron/Kipps communities are home to families who are high risk, low income and very diverse in terms of their racial, ethnic and linguistic backgrounds. There are over 700 children living in the three communities. Poverty, racial conflicts, family violence, sexual abuse, addictions, bullying, vandalism, theft and racial conflicts are expressed as significant concerns within the community. Residents appeared to be socially isolated and lack trust in other members of their community, service providers, and police. The communities are very transient and as such, ongoing education about services available and outreach are essential.

In addition to providing services to youth in the three communities, the JHS social worker provides parent/child counselling. The social worker also accepts self-referrals and referrals from educators and service providers.

This program is funded by the United Way.

Outreach to the Vietnamese community

At a doctor's office in northeast London, a social worker receives referrals for Vietnamese patients who need counselling. The social worker works closely with the community developer from LUSO Community Services to understand Vietnamese culture. Interpreters from Across Languages (an agency which provides cultural interpretation services) are utilized to remove communication barriers.

This program is funded by the Trillium Foundation on a 15 month grant which ends in July, 2009. Additional funding is being sought.

AAA (Attitudes, Associates and Alternatives)

A group facilitator provides intensive group sessions to address criminogenic attitudes, develop a new network of pro-social associates, and acquire self management skills. The group is offered under contract to federal parolees. Attendance at the 26 session group is mandated by CSC parole officers and is funded by Correctional Service Canada.

Community Education program

The dual purpose of the community education program is to promote an understanding of crime as a community problem and to provide an awareness of issues within criminal justice and corrections. As a community problem, crime requires a community response to its occurrence and to its prevention. Identifying the underlying causes of crime including poverty, lack of education, unemployment and feelings of alienation, for example, should enable the community to focus some of its resources on crime prevention. These efforts, enhanced by increased citizen participation, may be fostered by a community education program which reduces unwarranted fears and misconceptions of those involved with the criminal justice system while providing support to families of prisoners and former prisoners.

The John Howard Society community education program in the elementary schools is a unique and exciting crime prevention program which began in 1988. "Making Positive Choices" is an interactive program which focuses on emotional responses to family problems, peer relationships and significant life events. Students in grades 4-8 explore feelings of sadness, loneliness, rejection, hopelessness and anger. Adaptive coping strategies have been emphasized as positive choices, while maladaptive coping strategies such as shoplifting, vandalism and violent acts have been examined as negative choices. The "Don't be a Bully program" was developed in 1997. This interactive program is offered to students in junior kindergarten through grade eight. Adapted to meet the developmental needs of each age group,

the interactive program identifies bullying behaviours, feelings resulting from being victimized, and coping strategies. The children are encouraged to accept responsibility to help others who are being bullied.

The John Howard Society of London and District provides speakers to elementary, secondary, post secondary schools, institutions, service clubs and church groups. Topics vary in accordance with the specific needs and interests of the audience. The following topics are frequently requested by audiences:

1. John Howard Society services and the role of the John Howard Society within the field of criminal justice.
2. Crime, individuals who are in conflict with the law, and punishment.
3. The prison system, including parole, and the impact of incarceration upon inmates and their families.

The community education program is funded by the United Way of London and Middlesex. Additional funding is provided by the Ministry of Community Safety and Correctional Services to provide information to the Vietnamese community about hate crimes.

Individual, Family and Couple Counselling

The John Howard Society provides a continuum of care for individuals who become involved with the criminal justice system. This includes work in the areas of prevention, arrest, incarceration, reintegration and aftercare. Referrals are accepted from all sources. A JHS social workers work with service users to develop an intervention plan that takes into consideration criminogenic needs, cultural differences, level of motivation and capacity for change. According to the best practice principles of effective intervention, the level of intensity of the service provided and the frequency of contact are individualized from the risk/needs assessment. JHS social worker works with clients in the context of the family and members of the client's support system. When appropriate, the social worker involves the client's partner or members of the family in the counselling process. The engagement of the client in the therapeutic relationship is key to the success of the intervention.

Funding for this program is provided by the United Way.

Intake and Crisis Intervention

The Society provides an intake/crisis intervention service operating Monday to Friday from 8:30 a.m. through 4:30 p.m. Social workers respond to immediate crisis, advocate on behalf of individual clients, and make referrals to in-house services or appropriate community resources.

Funding for this program is provided by the United Way.

The Women's Group

This group utilizes a self-help model and meets on a weekly basis. It provides an opportunity for members to share common concerns in a setting free of shame and embarrassment. The group is women-centred and members play an active role in planning sessions and providing much needed support, friendship and socialization. There is a strong educational component which addresses issues including the criminal justice system, health, parenting, budgeting, child-management techniques and assertiveness training. Families are supported in coping with the social, economic and emotional problems related to the involvement of a loved one in the criminal justice system. Family members have an opportunity to realistically assess their relationship with the individual who is in conflict with the law and to plan for resumption of the relationship. Following the release of their partner, the woman is encouraged to continue to seek support from the group and the family is encouraged to meet with a social worker for counselling to support the individual's reintegration into the family and the community. Referrals are accepted from any source, including self-referrals. Clients are assessed by trained social workers to identify areas of need. Individual and/or group counselling is available.

This program is funded by the United Way.

Halaka Lil Nisaa

This group is offered in Arabic for women who have a loved one who is in conflict with the law. The group is facilitated by an Arabic speaking worker. It has been adapted from The Women's Group model to be culturally relevant. The group is offered on a weekly basis.

Funding for the program will be available for a three year period until 2011 by the Status of Women, Heritage Canada.

Trips to Kingston

The Society offers transportation to Kingston area institutions for families of inmates. Prospective participants are interviewed prior to the first trip to ensure they have the appropriate clearance and to provide information about the services offered by JHS. Riders are asked to maintain confidentiality about the other program participants. Trips are planned every 4-6 weeks. The program utilizes a volunteer driver.

Program funding is provided by private donations in a cost sharing arrangement with the riders.

Native services for adults

Provincial probation and parole supervision is provided to aboriginal adults residing in London and on the three neighbouring reserves. Services are offered by aboriginal workers who have an understanding and connection to traditional aboriginal values and culture. The workers also prepare pre-sentence reports for the court and supervise community service orders. Clients are mandated by the court to attend.

Funding for this program is provided by the Ministry of Community Safety and Correctional Services.

Bail Verification and Supervision Program

Bail workers supervise the conditions of accused persons released to the bail program in lieu of surety. This program is for individuals who would otherwise await trial in the detention centre because they cannot afford a surety. A high percentage of persons on the bail program suffer from mental illness. Clients are mandated by the court to attend.

This program is funded by the Ministry of the Attorney General.

Volunteers

At the John Howard Society of London and District, volunteering is a structured component of the agency's service delivery program. Volunteers attend regularly scheduled meetings for training and supervision, submit written reports of their activities, participate in case conferences and are expected to contribute an average of 4 hours each week. Several of JHS' volunteers frequently exceed this minimum expectation. Volunteers are engaged in ongoing discussions about their placements to ensure that it meets their needs. The Carol Reid Volunteer of the Year Award is bestowed annually on a volunteer who makes an extraordinary contribution.

The volunteer program is funded by the United Way.

[JHS Niagara](#)

210 King St. (905) 682-2657

Bail Verification and Supervision Program

This program is open to individuals 16 years of age and older who are involved in the judicial system. The two main goals of the program are to provide community support for the courts and to assist participants to address issues related to their charges (e.g. alcohol and drug abuse).

The program is delivered at the St. Catharines Courthouse, JHS' main office, and JHS' offices in Welland and Fort Erie. There is a case management component to this program which is available 35 hours per week. Initially, clients are required to attend weekly appointments, and then, the supervision schedule can be adjusted based on need and individual circumstances. Eligibility is based on the outcome of an initial meeting between the JHS bail worker and the client prior to their bail hearing. All services and supports are offered on one on one basis. All participation is mandated by the Courts.

Funding is provided by the Ministry of the Attorney General.

Community Service Order Program (CSO)

This program is open to individuals 16 years of age and older who are sentenced to complete community service hours as a condition of their probation order. The main goals of the program are to successfully complete a specified number of community service hours as mandated by the courts and to match each client with a work placement to ensure a positive outcome. There is no cost to participate in this program.

Initial intakes are completed at the JHS main office, as well as at JHS' offices in Welland, Fort Erie, and Niagara Falls. Community work placements occur across the Niagara Region. Case management services are also offered through this program which runs 35 hours per week. Minimum requirements are specified on each client's probation order. An initial intake assessment is completed at Probation and Parole Services before being referred to JHS. All services and supports are provided on a one to one basis and all participation is mandated by the Court. Funding is provided on an ongoing basis by the Ministry of Community Safety and Correctional Services.

Intermittent Community Work Program (ICWP)

JHS subcontracts this program through Operation Springboard. Intakes are completed at local institutions and forwarded to JHS staff through Springboard. Community work placements are set up for each participant, taking into consideration transportation issues related to their ability to get to work placement. Weekend work is monitored by a JHS' staff person. This program is for men who are 18 years or older

Adult Diversion Program

This program addresses needs identified by JHS and the local office of the Crown Attorney. It is provided on a fee-for-service basis which is paid by the client and based on a sliding scale. The program has been running for 10 years. It is open to individuals 18 years of age and older who have been criminally charged for the first time or who have been charged in the past with minor offences only. The main goals of the program are to reduce the number of individuals remanded to court, to reduce court costs for trial dates, and to give clients the opportunity to have their charges withdrawn. Initial intakes are completed at the St. Catharines courthouse or at the JHS office.

Case management services are offered through this program which runs for 35 hours per week. Participants are required to complete a certain number of community service work hours if this is the option chosen or if mandated by the courts. Other options include charitable donations or letters of apology and restitution. The Crown Attorney's office does the screening for each client prior to their first court date and prior to referring them to JHS. Though clients are referred by the courts, individuals may choose whether or not to participate in the program. Funding is provided only by the service fees collected from participants.

Justice Services Program

This program has been running for 5 years and is open to individuals 18 years of age and older who are sentenced to orders of probation. It involves two services; One is court intake and the second is low risk probation supervision. The main goals of the program are to enhance probation and parole office supervision services through the use of qualified, trained volunteers, in an effort to further increase public safety. In addition, the program facilitates community volunteer involvement in the field of corrections and exposes probationers to an array of positive role models from the community in an attempt to deter future criminal behaviour. Volunteers assist probation and parole officers with various duties associated with casework and court functions in order to enhance service efficiency.

Initial intakes are completed by probation officers at local probation and parole offices. The program has a case management and counselling component and runs for 35 hours per week. Clients are required to appear for ongoing scheduled appointments as stipulated by their probation orders. Intake assessments are completed at the St. Catharine's courthouse. Clients are referred by the courts.

The program is funded by the Ministry of Community Safety and Correctional Services.

Another facet to this program is our Volunteer Services Program which operates out of the local institution. Volunteers work with inmates on a one on one basis, focusing on their reintegration needs and plans.

Work Boot Program

This program assists anyone in the community seeking employment and who is in need of work boots. These boots, provided at the St. Catharine's office only, are used (steel-toed) and donated by the local General Motors plants. Individuals are often referred by local employment agencies as well as from other JHS programs. The main goal of the program is to eliminate one of the barriers to securing employment by providing proper footwear for the job. Access to these boots maybe at anytime during the regular 35 hour agency work week. Support and referrals to other services are offered as needed.

JHS Ottawa

Main office, 550 Old St. Patrick St. (613) 789-7418

Kirkpatrick House, 591 MacLaren St. (613) 236-3077

Youth Employment Resource Centre, 216-3730 Richmond Rd. (613) 828-2123

Tom Lamothe Residence 1, 387 MacLaren St. (613) 565-1739

Tom Lamothe Residence 2, 259 Ste. Anne Avenue (613) 749-7047

Mental Health Residence, 234 Lebreton Ave. (613) 564-0511

A Different Street, 310 Cambridge St. N (613) 232-6410

Bail Verification and Supervision Program

This program, in operation since May of 2005, responds to a need identified by the provincial government to reduce the remand population at the local Detention Centre

and to increase the court appearance rate. It is open to individuals 16 years of age and older who are facing outstanding charges in the Ottawa Criminal Court with minimal financial or social supports. The two main goals of the program are to increase the court appearance rate, and to ensure comprehension of court ordered conditions. In addition, individuals may be referred to other community service agencies to address additional issues such as addictions, employment, and educational upgrading. The program is delivered at four locations: The Ottawa Courthouse, JHS' main office, Cornwall Courthouse, and JHS' satellite office in Cornwall satellite office. Supervision appointments are scheduled until the individual's court matters are resolved. Initially, following an assessment, clients are required to attend weekly appointments but the supervision schedule can later be adjusted. Eligibility is based on the number of prior criminal convictions for failure to comply with conditions. Bus tickets are provided to attend supervision appointments. Clients are mandated by the Court to participate in the program.

The program is funded on an ongoing basis by the Ministry of the Attorney General.

Early Intervention Employment Skills Training

This free, one year pilot program, offered in partnership with Rideauwood Addiction & Family Services (RAFS) serves participants from the Ottawa Drug Treatment Court. It focuses on providing participants with the opportunity to acquire literacy, employment and life skills through the provision of one weekly session which is 3 hours in length. Weekly participation is mandated.

Offered on site at Rideauwood Addiction & Family Services, the program provides participants with a Case Manager from RAFS who works in collaboration with the JHS Skills Facilitator. Prior to beginning the program, an intake assessment is conducted to determine the level of service need. All services are provided on a one on one basis. Light refreshments are available. Through this program participants are able to transition into JHS' ACElinks and Skills Plus Programs.

Funding for the program is provided by Rideauwood Addiction & Family Services on a one year pilot basis, ending in March 2009.

Skills Plus – A Pre-Employment & Training Program

Evidence based research shows that the majority of prisoners score below most secondary school reading levels. In addition, research findings show decrease in recidivism rates for prisoners participating in literacy programs. In order to address some of these issues, this free literacy program was developed. It has been running at JHS Ottawa for over 20 years to serve those clients who have an education level between grades 1 and 9 and who require employment skills/essential skills training. It is delivered on site at JHS' main office and is comprised of 4 weekly workshops: Documentary Group, Self-advocacy, Public Speaking and Surviving in the Workplace.

Many clients involved in the program also access other JHS programs during regular hours, Monday to Friday: 9:00 a.m.-6:00 p.m. Clients are required to attend a minimum of 2, three hour sessions per week. Both one on one and group formats are provided. Bus tickets are provided. Light refreshments are available for group sessions and participation is voluntary.

Funding is provided by the Ministry of Training, Colleges & Universities (MTCU)

Academic and Career Entrance (ACElinks)

In order to accommodate the JHS client population which is often more comfortable accessing adult high school services on site at JHS rather than in regular adult classrooms, this program allows individuals to “graduate” from the Skills Plus Program (Literacy) into ACElinks.

The program is free and has been running for 2 years to assist those who require a high school education. A job coach assists the clients as part of the program as well, and the focus is on skill acquisition. It is offered on site at the JHS main office and is delivered in partnership with Algonquin College. This group program consists of 2, 4 hour sessions per week. However, “Success Strategies”, one component of the program, is tailored to each client’s individual needs and offered on a one on one basis. Clients are required to attend all sessions weekly. Bus tickets are provided and some light refreshments are available. Participation is voluntary.

Funding is provided by the Ministry of Training, Colleges & Universities (MTCU).

A Communication, Computer, Employment Skills Space. (ACCESS)

This free program, operating out of the Ottawa Mission, is open to anyone who is homeless or at risk of becoming homeless. The focus of the program is on skill acquisition. It strives to provide participants with computer skills and employment skills during 5 weekly, three hour sessions. A brief assessment is completed to ensure that the client is a good match for the program and all service delivery takes place on a one on one basis. All participation is voluntary and provides a link for the clients of The Ottawa Mission to the JHS Ottawa Employment Program, “Hire Power”.

Funding is provided by ACCESS and the City of Ottawa through Community Project for a 1 year period that began in September 2008.

Anger Management

The free program is based on The Anger Solutions Program by Julie Christenson and the Lifestyles Programs by Dr. Barbara Armstrong. It is offered at JHS’ main site and is open to ex-prisoners who have been deemed to be at medium to high risk of re-offending. It assists clients to recognize, challenge, and replace aggressive responses to their anger with pro-social expressions of anger. Each participant completes an initial one hour intake assessment. The program runs twice a week for two hours for 10 sessions. Clients can make-up up to 3 missed sessions after which they will be

asked to leave the program. At this point, they may put their name on a wait list for the next group to begin in order to take the entire program again at another time. Bus tickets are available and participants are both voluntary and mandated. Letters of completion are provided for Children's Aid Society, probation, court, and the JHS Bail Program.

The program is being run on a pilot basis and at this time there is no specific funding for it though it will be re-evaluated in March of 2009.

Community Maintenance Program

This is a Correctional Service of Canada Core Program. Its focus is on relapse prevention and it is offered in a group setting in partnership with the Ottawa Parole Office and JHS. It is open to male federal parolees in the Ottawa area in order to provide a continuum of service, from the institution to the community, for those who have completed a core CSC program while incarcerated. Offered at the main site of JHS, it consists of one session offered for 2 hours each week. Generally the program runs for 12 weeks, though it can be reduced to 6 sessions in total for lower risk/needs clients. Participants can take up to 16 hours of programming. Eligibility is based on CSC programs taken while incarcerated. Bus tickets are provided and light refreshments are available. Participation is mandatory.

Funding is provided by the Correctional Service of Canada.

John Howard Society Housing Supports Program

This pilot program responds to the need within the City of Ottawa for a program to divert those who are being released from the Ottawa Carleton Detention Centre and the Ottawa Court House (and other detention centres and jails in Ontario) from the shelter system.

Homeless male clients who are being released from the Ottawa Carleton Detention Centre and the Ottawa Court House access support, referrals and crisis apartment units (limited availability) in an effort to move out of the shelter system by finding and maintaining affordable, clean, safe, housing in the community. The JHS Housing Support Worker visits clients at the Ottawa Carleton Detention Centre and at the Ottawa Court House, and meets with service users at the JHS main site. The program runs from 8:30a.m.-4:30p.m Monday to Friday on a one on one basis. Bus tickets and taxi chits are provided and participation is voluntary. Food vouchers are available on a limited basis for emergencies.

The program is funded through the City of Ottawa Housing Branch. It is a pilot project and has been running for 18 months and will expire in March of 2009. However, an application for funding renewal has been submitted.

Transitional and Supportive Housing Program

In response to a need identified by JHS' Board and staff with encouragement from the Ottawa Police Services, three residences are available to provide monitoring and support for ex-prisoners who have been determined to be "high risk/need releases". A total of 46 beds are available including 37 independent studio apartments and 9 rooms where residents share kitchen and bathroom facilities.

The goal is to provide safe, affordable housing for the period immediately following release, during a time of crisis, or while completing Drug Treatment Court, sex offender or mental health treatment. While providing residents with stable accommodation, JHS staff work with individuals towards longer term housing and employment related goals. Residents are expected to pay \$340 per month in rent from their Ontario Works benefits. Monitoring and support is available 24 hours a day, 7 days a week, with periods of residency ranging from three months to several years. There is also a follow-up period of support for at least 3 additional months. Residents move on when their conditions of release permit them to do so, and when they find safe, affordable housing.

Assessments and case planning are conducted and all services and supports are offered on a one on one basis. Residents may also be escorted by staff to medical or treatment appointments and some bus tickets are available. A food bank is accessible to all residents who may stay voluntarily, although leaving the residence would cause problems with both the drug treatment court judge and probation/parole supervisors.

Current funding includes per diem contracts with CSC (20 beds), Ministry of Community Safety and Correctional Services (14 beds) and Ottawa Drug Treatment Court (4 beds). The funding is secure and negotiations are underway to include a mental health per diem contract.

Adult Housing- Kirkpatrick House (KH)

In response to a an identified need for a community residential facility for adult males released from federal penitentiaries in the Ottawa area, Kirkpatrick House opened in December 1978. The facility assists men in their quest for pro social re-integration and living positive lifestyles via employment/school, and community programs at both JHS and local parole offices. Other goals include assisting residents to become self-sufficient. There are 22 beds (8 double rooms and 6 single rooms) and several years ago, rental payments were abolished while per diem costs to Correctional Services Canada were increased. This allows for the residents to save funds to use upon their release from the halfway house towards their own residence in the community. A JHS Case Management Team provides support for each resident. Assessments are completed prior to their admission. Staff are on site 24 hours a day, 7 days a week. Some residents are simply finishing their sentence; others are on long term supervision orders, or maybe on statutory releases with a residency condition to reside in a specific place.

Residents must complete their conditional release before moving out into the community by securing their full parole, reaching their statutory release dates, or until the expiration of their warrant (end of their actual sentence). There is a weekly Community Assessment team that reviews applicants who are applying to reside in Ottawa. The CRF directors, police, community liaison representatives, a supervisor, and the parole officer in charge attend weekly meetings and provide input on the eligibility/candidacy of each applicant for release into the community. This group may accept, deny, or defer a case based on the information available. There is a cook in the house who makes the evening meals Monday through Friday. Foodstuffs are provided for "off" times and on the weekends and residents are encouraged to purchase their own specialty foods/snacks.

The residents who reside at Kirkpatrick House are mandated by CSC. On occasion voluntary clients who want to come to the CRF for a period of stability prior to living on their own in the community are permitted.

Kirkpatrick House prides itself on providing a homelike environment for its residents. There are no in-house programs available but there is an excellent case management system and link to the Ottawa parole office.

Funding is provided by Correctional Services Canada (CSC) through an annual contract, per diem rate per facility, per fiscal year. The funding contracts are renewed annually.

AAA (Attitudes, Associates and Alternatives)

This is a Correctional Service Canada program offered in partnership with the Ottawa parole office twice per year. It is open to male federal parolees in the Ottawa area. The goals of the program are to challenge and replace pro-criminal thinking and behaviours, develop problem solving skills, provide relapse prevention, goal setting and risk reduction. Clients are referred by the Program Officer at the Ottawa parole office and are assessed by the John Howard Society Program Facilitator.

There is no fee to participate and the program is offered at JHS' main site. This group program runs twice per week for 30 hours and clients must complete all of the sessions. Bus tickets are provided and light refreshments are available. Clients are mandated to attend.

Funding is provided by Correctional Service Canada.

Crisis Intervention (550 Old St. Patrick Street)

In response to a need identified by JHS to provide crisis intervention services for those being released from custody without support, this service, offered daily (8:30 a.m. – 6:30 p.m. Monday through Friday), is open to anyone in the Ottawa area that is in crisis. However, the majority of the clients served have been involved with the criminal justice system and face housing, addiction, and mental health issues. The

goals of the program are to respond directly to the client's presenting need (i.e. food, shelter, transportation, financial, housing, mental health, emotional needs), supporting them through their crisis and then motivating them to address identified core issues through treatment or other interventions on an individual basis. In some cases, bus tickets and taxi chits are issued. Light refreshments are also available and clients are both voluntary and mandated. In addition, condoms are available as are referrals to other community programs or services and advocacy with the Ontario Disability Support Program and Ontario Works when needed.

This program is funded by United Way and is renewed annually. It has been running for 8 years and it is anticipated to continue.

Hire Power Employment Program

This program is offered daily at JHS' main site (Mon-Friday 8:30am – 4:30pm) and assists unemployed adult men and women who are job-ready and facing multiple barriers to employment to secure work within 12 weeks. An initial intake assessment is done with each participant and services are provided in both group and one on one formats. Bus tickets and light refreshments are available to both the voluntary and mandated clients who attend.

Funding is provided by the Ministry of Training, Colleges and Universities.

Reintegration Program

The program provides inmates in the Ottawa Carleton Detention Centre with assistance in obtaining personal identification including birth certificates, Ontario Health Cards, and social insurance cards. In addition, JHS staff conduct substance abuse assessments to facilitate acceptance into treatment programs for inmates who will be facing addiction issues at the time of their discharge. For those inmates facing mental health issues, JHS staff liaise with the correctional psychologist, mental health nurse, and the Centre for Mental Health and Addiction to develop release plans. In order to address the key housing needs facing many ex-prisoners, a comprehensive inventory of housing resources that includes pre-screened rooming houses is maintained. Also, office reporting opportunities for discharged inmates to ensure follow-through with release plans are also provided.

The program is delivered in partnership with the Ottawa Carleton Detention Centre and operates Tuesday-Friday: 8:30am – 4:30pm. An individualized intake assessment is done with each client. Bus tickets and taxi chits are available and all participation is voluntary.

Funding is provided by the Ottawa Carleton Detention Centre.

Urban Connections

This free program responds to an identified need in the community for "drop-in" literacy services for those who do not wish to register in a formalized program. It is

open to people who are homeless or at risk of becoming homeless, including individuals living in poverty, facing mental health issues and/or learning disabilities. The focus of the program is on skill acquisition and the provision of literacy help to those that do not ordinarily have access to any educational services. Operating from 5 outreach sites (Centre 454, Capital Mission, Shepherds of Good Hope, The Well, St. Andrew's Residence), the program consists of one, 3 hour session per week, within a drop-in program. These sessions may take place in both one on one and group formats.

Brief assessments are conducted with each participant to ensure that they can be served by this program. Refreshments are available and participation is voluntary. In addition, the program sometimes provides a "stepping stone" for those who will later enrol in the JHS Literacy Program, Skills Plus.

Funding has been provided by The Ontario Trillium Foundation for a 3 year project period which ends in August of 2009. Additional funding is currently being sought.

[JHS Peel-Halton-Dufferin](#)

[Main Office Site, 100 Queen St. W. \(905\) 459-2205](#)

[Employment Services, 134 Main St. N. \(905\) 459-0111](#)

[Mississauga Office, 130 Dundas St. E. Suite 300 \(905\) 275-9117](#)

[Orangeville Office, 184 Broadway \(519\) 940-3061](#)

[Milton Office, 193 Main St. E. \(905\) 864-1309](#)

Bail Program

The Bail Program is open to males and females over the age of 16, who appear before the courts with outstanding allegations. The goal of the program is to provide an option to the court for those who are candidates for release but who do not have a suitable surety available. In these cases, JHS is able to provide neutral and verified information to the court which would assist in the decision for the release of an accused. Applicants to the program are interviewed and a verification process is completed which includes collecting information to confirm eligibility, based on primary grounds (i.e.: ties to the community, history of non-compliance with court orders, ability to comprehend the expectations of bail program, and a willingness to abide by the condition(s) for reporting). In Peel, the verification portion operates 365 days per year. In Orangeville and Milton courts, staff are available Monday to Friday, to conduct the verification process. In Orangeville and Milton, supervision is available Monday to Friday, and in some evenings each week at all locations.

The Supervision component of the program is delivered at locations in Brampton, Mississauga, Milton and Orangeville and includes Case Management based on an assessment of risk and need. All service is provided on a one to one, confidential basis. Transportation assistance can be made available to ensure attendance at court. In Peel, Halton & Dufferin court offices a small supply of clothing is kept to assist those who are released from the court, having been in an institution and are

released in clothing that maybe inappropriate (e.g. prison issue jumpsuit, shorts and T-shirts in the winter etc). All participation is mandated. Clients reporting to the Brampton office also have access to the Needle Exchange program and condoms are available to clients at all locations. Bail Program participants are referred internally to other in-house programs and supports. Funding is provided by the Ministry of the Attorney General.

“Resolve” Youth and Adult Anger Management and Emotion Regulation Program

This fee for service program originated from the ‘New Leaf’ Program developed by JHS-Windsor-Essex. Program fees are based on a sliding scale and divided into two parts: the first instalment is for the assessment and the second portion is for those who become candidates for group. The program has been offered for more than 10 years to adult males and more recently to young persons (age 14 years +). The target groups are males, ages 24 and up for the adult program, and for youth, 14 to 23. The program teaches participants self-monitoring and self-management skills that allow them to reduce the intensity, frequency and duration of their anger and subsequently, ends their patterns of aggression.

Offered on-site in all of Peel, Halton and Dufferin locations, the program has a Case Management component and consists of 13 group sessions with 2 to 3 pre-group meetings for intake and assessment purposes. There is a follow-up component as well. Participants must complete all sessions in order to receive a certificate of completion. Eligibility is based on the outcome of an intake assessment. Light refreshments are available and participation is voluntary, although most are seeking a program based on a required outstanding sanction (court, workplace or medical recommendation) that requires that a program be completed.

Funding is provided in part by the United Way of Peel Region and in part by the user fees charged.

Community Services

The Community Services program is voluntary and open to both males and females, adults and youth, who are in crisis and facing on-going challenges with housing, poverty, addiction, mental health, criminal justice, relationships or self-management.

The program’s goal is to provide counselling, support, advocacy and referrals to assist clients in achieving their identified personal goals. There is no wait list and clients are encouraged to make and keep appointments but may be seen on a first come, first served basis. Services are available Monday to Friday from 8:30 a.m. to 4:00 p.m. All individuals seeking services are provided with a confidential interview whether by scheduled appointment or by “walking-in” All persons contacting the agency by phone between 8:30 a.m. and 4:30 p.m. will be able to talk with a live person and there is no automated phone system. Collect phone calls from Institutions are accepted but not for the purposes of third party calls. The Program is delivered out of locations in Brampton, Mississauga, Milton, and Orangeville..

In the Brampton offices enhanced supports such as meal vouchers to the local soup kitchen and Voice Mail services can be made available for active clients in keeping with their individual case plans. Once per week a breakfast program is delivered, some light refreshments and donated clothing are also available for those in need. Voice Mail, Share the Warmth, needle exchange, income tax and flu shot clinics are also available at the Peel locations. Community Services for all locations provides transportation assistance, housing help, life skills programming, and access to computers, phones, and fax machines. The Halton location offers a Substance Use Prevention Program (for youth), and the Halton Fresh Food Box Program (food distributors who are unable to get all of their food into stores to sell make up boxes of excess food which they give out to individuals in need at no cost). Funding for this program is provided by the United Way, which is renewed annually. In addition, in both Halton and Dufferin, funding has been received from local community initiatives and other Government sources (both provincial and federal). Some funding is also shared with project partners such as the Canadian Mental Health Association of Halton and the Elizabeth Fry Society Peel-Halton.

All locations of the Society are active Community Access (CAP) sites, funded through Industry Canada. Other Community Service program services are funded by the local United Way.

Employment Services

This free program, operating out of the Brampton JHS office at 134 Main Street, North, assists male and female youth (16 to 24, or to age 29 if disabled) and adults (ages 25 and over) with employment assistance. Hours of operation are, Monday to Friday, 8:30 am to 4:00 pm with extended hours on Thursday evenings (5:00 pm to 7:30 pm). The Employment Program provides a range of services and supports for those who are unemployed or under employed ranging from self directed use of the Resource Centre, to individual, customized employment counselling or subsidized and monitored employment placements.

Summer Job Services, a separate component of Employment Services, connects youth returning to school (15 to 24 years of age) with finding summer jobs. It is a subsidized wage program whereby employers receive subsidies to provide summer work to students. Employers and students are matched through the program to maximize the learning and the available funding.

Transportation and other financial supports may be provided through this program based on identified individual need. All participation is voluntary.

Funding for Employment Services is provided by The Ministry of Training, Colleges and Universities

The Employment Centre is also a Community Access Program (CAP) site. The John Howard Society of Peel-Halton-Dufferin is the coordinating body for all CAP sites in

the Central Region which includes our locations, several library systems, and a number of other social service agencies. Funding for the CAP sites and their administration is through Industry Canada.

Institutional Services - Pre-release Planning

This program assists adult males and their families in both Maplehurst, in Milton (sentenced and remand) and in the Ontario Correctional Institute (OCI) in Brampton, (sentenced) to prepare for successful reintegration and release to their home community. Working within the institutions, JHS also ensures humane and lawful treatment of prisoners in keeping with Canadian and International standards prescribed by the UN Conventions. Referrals are made and information is provided to best support an individual's release plan. A staff person attends on a weekly basis at Maplehurst and OCI to meet directly with inmates based on their written requests for an interview. Services to inmates from any institution are available Monday through Friday by telephone or regular mail. Collect calls are accepted. All participation is voluntary.

Accused persons on remand and awaiting a bail hearing or a bail review (housed in Maplehurst), may put in a request to be interviewed as a candidate for Bail Supervision. A staff person visits Maplehurst weekly to interview those who have submitted these requests. Once the verification interview has been completed, the bail program responsible for the court where the accused is scheduled to attend is contacted and provided with the appropriate details.

JHS, in collaboration with OCI and two community agencies, delivered a pilot "Fathering" program, as a result of an internal survey of an unaddressed programming need. There were 11 inmates in the pilot group, which was successfully received and it is anticipated that the program will continue to be delivered on a semi-annual basis.

Funding for the Pre-Release Program is provided by the United Way of Peel Region, as part of the base funding for the agency and has been in place since about 1980. Funding for Bail Verification services are funding through the Ministry of the Attorney General.

[JHS Peterborough](#)

305 Stewart St. (705) 743-8331

Equi-Pass Online Skills Upgrading

Information of Equi-Pass was shared by JHS Durham.

This is a fee for service (\$25 to access all courses/year) offered on site at JHS' main office location daily, Monday through Friday 8:30 a.m. to 4:30 p.m. (closed between 12:00 p.m. and 1:00 p.m.). Its intent is to allow for members of the community to be able to upgrade their skills at their own pace from anywhere that has internet access.

All participation is voluntary and some refreshments are available. The program has been especially helpful for those clients who are on house arrest that have access to the internet.

Funding for this program is provided by the service fees that participants pay along with some donations.

AAA (Attitudes Associates and Alternatives)

This program is provided on a contractual basis through Correctional Service of Canada. It is offered at JHS' main office site to federal male parolees living in the Peterborough area in order to provide a continuum of service from the institution to the community for those who have completed a core CSC program while incarcerated. AAA is an intensive program that addresses criminogenic attitudes to assist participants in developing pro-social self management skills and ultimately pro-social associates. It also focuses on identifying high risk situations in participants' lives that have historically led to conflict and/or incarceration. The program consists of 26 group sessions and is offered on average 2 times a week for two to three hours. Participants can take up to 16 hrs of programming. Bus passes are provided if transportation is needed and some light refreshments are available. All participation is mandatory and referrals are received from the local parole offices.

Funding is provided by Correctional Services of Canada.

Community Maintenance Program (CMP)

This program is provided on a contractual basis through Correctional Service of Canada. It is open to federal male parolees living in the Peterborough area in order to provide a continuum of service from the institution to the community for those who have completed a core CSC program while incarcerated. The focus is on relapse prevention and referrals are received from the local parole office. The program takes place on site at JHS' main office and offers a continuous intake process. CMP consists of up to twelve, two hour weekly group sessions, though participants can take up to 16 hrs of programming. Both one on one and small group formats maybe provided. Participation is mandatory, some light refreshments are available and bus passes are provided when necessary.

Funding is provided by Correctional Services of Canada

Pardons

This is a free service, provided by JHS to all members of the community requiring assistance to complete a Pardon Application. Offered at the main JHS office site, clients meet with a JHS Institutional worker (by appointment or during walk in hours, Monday to Friday 8:30 a.m. to 4:30 p.m.), who assists them to streamline the pardon application process and ensure that all conditions are met before the application itself is submitted to avoid problems and delays. Individuals are encouraged to go through this regular pardon application process, rather than through a private

company which is likely to charge a prohibitive fee. Food and refreshments are available and bus passes are provided if transportation is needed. In some cases, financial assistance is also available in order for the client to be able to meet the requirements of the application (e.g. cost for fingerprints)

Funding for this service is provided through private donations and by the United Way.

Parenting Support

This is a free service, available during regular walk-in office hours (Monday to Friday, 8:30 a.m.-4:30 p.m.) at the JHS' main site. It is provided to parents within the community who are concerned about their child's behaviour and in need of support. Case management services available through this program involve the completion of an intake assessment and the provision of very short term (1-3 in total) and goal specific counselling sessions. Needs are identified and parent(s), often with their child(ren), work with the counsellor to develop parenting/coping strategies. If more intense counselling is required, the family is referred to another agency that offers this service. Bus passes are provided if transportation is needed. Food and refreshments are also available.

Funding for this service is provided through private donations and by the United Way.

Support for Young Adults

This is a free service, available during regular walk-in office hours (Monday to Friday, 8:30 a.m.-4:30 p.m.) at the JHS' main site. It is provided to young adults (ages 19-29) within the community who are experiencing difficulty accessing services due to their age/circumstances (e.g. Individuals who are over 18 years of age would not be able to access services specific for youth, those who do not have children would not be able to access family services, others who have no/limited work experience may have difficulty finding and maintaining employment etc.). Case management services are also available for those requiring this level of assistance and involve the completion of an intake assessment and the provision of very short term (1-6) and goal specific counselling sessions. If additional support is required, clients are referred to other agencies that provide specific services (e.g. housing). Bus passes are provided if transportation is needed. Food and refreshments are also available.

Funding for this service is provided through private donations and by the United Way.

Outreach into Peterborough County

This free program is offered in partnership with the TEACH Centre, located in Havelock Ontario. It is open to anyone in the community that is 16 years of age and older, requiring assistance to develop strategies to cope better with the life's challenges. Offered at JHS' main office, the program allows for clients to meet with an Outreach Counsellor to complete an intake assessment and participate in one to six counselling sessions. Referrals to other agencies or additional in house services (e.g. mental health or Healing from Within) are available in cases where more in depth

counselling or programming is required. Bus passes are provided if transportation is needed, and food vouchers are available when necessary. All participation is voluntary.

Funding is provided by the United Way.

Outreach into Peterborough County

Responding to an identified need for service in the more rural areas of Peterborough county, this free program is offered in partnership with the TEACH Centre, located in Havelock Ontario. This is new initiative and the intent is to expand JHS' presence into other rural communities throughout the County. It is open to anyone who is 16 years of age and older, and requires assistance to develop strategies to cope better with the life's challenges. This may also include the provision of information on building healthy relationships, conflict resolution and parenting strategies.

The program is offered on Thursdays from 8:30 a.m. to 4:30 p.m. at the TEACH Centre in Havelock. Each client meets with an Outreach Counsellor to complete an intake assessment and participate in one to six counselling sessions. Transportation maybe provided if necessary. All participation is voluntary.

Funding for this program is provided by the United Way.

Healing From Within

This program was developed to address the lack of local resources available to provide support for men involved in the PARS program, who are also victims of childhood sexual abuse. It was originally delivered on a pilot basis which formally ended in June of 2007, and stemmed from a partnership with the Kawartha Sexual Assault Centre (KSAC). JHS is currently seeking additional funds for the program but continues to operate the program for 1 day/week through donations and the use of other resources. New clients continue to be seen on a minimal basis until further funding is found.

Successful Achievement in the Fundamentals of Employment (SAFE)

This is an employment skills program for young adults ages 15 - 30 years. Components of the program include literacy, community volunteerism, work placements and life skills, using Essential Skills (as outlined by Services Canada) as the basis for programming. Each program is approximately 6 months in length and participants must apply and interview for acceptance. There are 16 participants per program and they are paid minimum wage based on 35 hours/week for each hour of participation. Certification in CPR, First Aid, WHMIS, Fall Arrest and Smart Serve are part of the program. The goal upon completion is for participants to be able to secure employment or continue on with their education (completion of high school or post-secondary), or take part in additional training.

Funding is provided by Services Canada Skills Link Program and is applied for annually.

Partner Assault Response (PAR)

This 16 week group program serves men and women who have been charged with domestic violence and assault. Each weekly session is two hours in length. Participants must complete at least 14 sessions. If participants miss more than two, they are removed from the program and must start again, from the beginning. Referrals from the courts, The Children's Aid Society, lawyers, doctors and individuals are accepted. The program provides education using various theories based on power, control and equality and assists participants to develop strategies for achieving healthy relationships.

Fees for this program are based on a sliding scale (\$80 - \$400 for 16 weeks), though if individuals cannot afford to pay, the fees may be waived. At times, the Children's Aid Society or Ontario Works may provide funds for individuals to be able to participate. The program is offered on-site and there are 6 separate groups each week including Wednesday morning and evening to accommodate shift workers.

The women's group is separate from the men's and utilizes a modified curriculum. All participants complete an intake assessment prior to beginning the program. In addition, JHS has a contract to deliver the program in Bancroft which is shared with JHS Belleville (see JHS Belleville). Clients requiring additional counselling are referred to other agencies in the community though some one on one work can be done outside of the group. Partner support is also provided. Bus passes, taxi fare and gas money may also be made available depending on the circumstances of the participant. Refreshments are available and both mandated and voluntary service users may attend.

Funding is provided by the Ministry of the Attorney General and the United Way.

Institutional Visits

This program has been running for over 8 years. Its original focus was on assisting those returning to the community upon release from custody. At the current time, it provides services on a by-weekly basis to men who are serving sentences in Warkworth Institution and to federal and provincial institutions upon request. JHS staff in this program offer support, advocacy and assistance with pre-release plans.

Funding for the program is provided by the John Howard Society of Ontario.

[JHS Sarnia Lambton](#)

[300 Christina St. N. \(519\) 336-1020](#)

Community Service order Program

This program is open to adults in Lambton County who have been sentenced by the Court to perform community service hours. The program strives to provide a safe and considerate environment with proper supervision and motivation to aid clients in completing their sentence requirements. Intake assessments are conducted with each participant at the JHS office by a probation officer. The actual placement facilities are located throughout the City of Sarnia and Lambton County, including First Nations Territories and in partnership with numerous community partners who provide both placement opportunities as well as supervision. Both group and one on one programming are available.

Funding is provided by the Ministry of Community Safety and Correctional Services.

Referral Service

This service has been provided since the agency's inception in 1949 and is currently offered when time permits on an ad hoc basis. When possible, JHS' staff members provide community resources to assist individuals to meet their specific needs. This program is available to all members of the community as a preventive measure, but is generally utilized by former prisoners and/or their families. A brief intake assessment is completed for each client accessing this service. All assistance is provided on a one on one basis.

This is a not a funded service.

Pardon Assistance

This program assists individuals to complete the pardon application process, ensuring that all applicable documents are filled out properly and that the process is understood. This ad hoc assistance is available to everyone in the community, and is offered on site at the JHS office.

This is not a funded service.

Material Assistance

This program, considered an emergency crisis intervention, began with the provision of overnight shelter and "meal tickets" to newly released inmates. Over the years, it had expanded to include anyone in the community who was in need of this assistance, but presently and in light of funding constraints, it has once more been limited to assisting only releasees and those in states of absolute desperation. Through this program, JHS provides food, shelter, clothing needs and community referrals on an ad hoc basis. A brief intake assessment is completed for each client accessing this service. All assistance is provided on a one on one basis.

Funds for food and shelter assistance had been provided by lottery income from 'Nevada' ticket sales but this source has recently been eliminated. Future funding is undetermined at this time

Identification Affidavits

This ad hoc service is open to JHS' clients as well as members of the general community. This service allows for the provision of a sworn affidavit (with photograph) to be used as partial identification. Both a brief intake assessment and the service itself are provided by the Executive Director (Commissioner of Oaths). Though this is not necessarily a widely accepted form of identification, it can assist with applications for welfare and similar services.

This is not a funded service.

Community Education

Since its inception in 1949, JHS has provided the community with an understanding of the work of the Society and its philosophy by sharing information in schools, at local community agencies, to citizen groups (e.g. service clubs), to the media, etc. This service is offered on an ad hoc basis and upon invitation from various groups.

This is not a funded service.

Advocacy Service

This service has been provided since the agency's inception in 1949 and is currently offered when time permits on an ad hoc basis. Available to all members of the community as a preventive program, though generally utilized by former prisoners and/or their families, it allows for staff at JHS to provide their expertise and resources to advocate on a clients' behalf. Individuals are assisted to meet their immediate needs and to be supported in accessing their rights as community members. A brief intake assessment is completed for each client accessing this service. All assistance is provided on a one on one basis.

This is a non-funded program.

Institutional Services Program – Discharge Planning

This program, offered for the past 26 years, originally as a recreational program and later as a life skills program, has evolved to provide inmates at the Sarnia Jail, (mostly sentenced though some remand) with workable discharge plans prior to their release. It is offered for approximately 20 hours per week. These plans are rehabilitation focused and include relapse prevention and other forms of community based assistance. Informal needs-based assessments are completed with each client. This service is generally provided on a one on one basis though at times, some group work is done. All participation is voluntary.

Program funding is provided by the Ministry of Community Safety and Correctional Services

[JHS Sault Ste. Marie and District](#)

Main Office Site 27 King St. and Employment Resource Centre 22 Bay St. (705) 759-3389

Community Education

The Society educates the community through the use of media, the provision of written materials such as pamphlets, the delivery of PowerPoint presentations and by encouraging the development of community partnerships in crime prevention. Presentations are delivered throughout the community upon request at locations that include high schools, colleges, universities, career fairs and community social service agencies.

Funding for this program is provided by the United Way.

Anger Management

These group programs, offered on site, are open to males who are experiencing problems in their lives as a result of verbal or physical aggression and poor decision making when angry. A small number of women are also referred for services which are offered on a one on one basis. Referrals come from the Ministry of Community Safety and Correctional Services and are based on court orders as well as community based self assessments. The goal of anger management is to reduce both negative emotional feelings and the physiological arousal that anger causes. Once this is achieved, participants can use new skills to control impulses, alter self defeating thinking, assert themselves and problem solve. This allows for the participant to contribute to healthier relationships and live pro-socially in the community.

Due to intervals between low intensity groups, there is usually a waiting period of approximately one to two months. High intensity one to one counselling can commence within two weeks. Participants that are not referred by the Ministry of Corrections can participate on a fee for service, sliding scale basis. High intensity and self referral participants are provided with Case Management services which may include counselling.

Four low intensity groups run each year. Participants attend sixty minute sessions, twice a week for three weeks. They must complete six hours. High intensity one to one counselling is scheduled once a week for one hour. Depending on the progress of the participant, this model takes an average of 12 to 15 sessions to complete. Participants must attend for 12 to 15 hours.

Participants referred by the Ministry of Correctional Services have been assessed by probation prior to commencing group. All other referrals are assessed by the program facilitator at the time of intake. The program serves both voluntary and court mandated participants.

Funding is provided on a contractual basis by the Ministry of Community Safety and Correctional Services and has been ongoing for 18 years with some changes over this time.

*Note: **Social skills training** is integrated into several programs at the agency. The curriculum is altered as needed and practice sessions relate to the client's personal needs. Social skills training is part of a model of service that is provided across JHS' programs, in varying lengths and formats if/when appropriate.*

Offender Treatment Services

This program includes the provision of treatment based on a variety of training that JHS staff has received through Correctional Services Canada (including Drug and Alcohol Relapse Prevention and Counter Point). This training has been modified for service provision to individual clients, based on their needs. Individuals who are assessed as being high risk for re-offending and living problematic, anti-social lifestyles are candidates for the program. The program is open to CSC parolees as well as other community members, though for the later group, there is a fee for service, based on a sliding scale. In most cases, these programs are offered in a group format, though depending on the severity of the offence and risk level of the client, one to one counselling can be made available. These sessions can change to bi-weekly or monthly as the client progresses. If there are relapses or a client has their parole revoked (by their parole officer) temporarily, treatment can last up to a year or more. There are no set number of sessions that must be completed, and referrals to community resources to assist the participant in overcoming identified barriers to their pro-social living in the community are also made.

Most participants in this program are mandated, however, some participants attend through their own desire to learn better coping strategies.

Funding for this program is provided by Correctional Services Canada and by individual user fees.

Discharge Planning Program

Discharge planning has been provided by JHS since the agency's inception, at first with the help of volunteers, and later by paid staff. Services continue to be offered in order to meet the needs of inmates and newly released prisoners. The goal of the program is to assess an inmates' needs at the Algoma Treatment and Remand Centre and develop a plan for their release which includes housing, financial assistance and programming necessary to assist with reintegration barriers. Collect calls are accepted for one hour each day and those requesting service while in custody are seen each Friday. One on one counselling is available at the office from Monday to Friday. Each client is assessed and provided with Case Management services.

Funding for this program is provided by The United Way and the Algoma Treatment and Remand Centre.

Homeless Prevention Services Program (HPS)

This program provides outreach services to low-income renters, home owners, residents living in shelters and any individuals who are homeless or at risk of homelessness. JHS outreach services are provided at shelters, soup kitchens, and affordable housing complexes and have been effective at reaching individuals in their own environment, at a level where success in learning the skills being taught are higher. The goal is to reach those who are at a high-risk of homelessness in their own environment and to be flexible in addressing their needs in order to decrease the number of evictions once they are housed. The focus is on housing maintenance for those at risk of losing their housing and improving social integration for shelter residents to re-enter the community.

This outreach program is delivered in three (3) local Community Hubs, the SSM Soup Kitchen and Community Centre, and the local Men's and Youth's shelters. The program works in partnership with the Soup Kitchen, Pauline's Place & Vincent Place (youth and men's shelter), Algoma District Housing and the Community Legal Clinic. It provides one on one counselling to a limited number of clients in cases where participants are unable to function as part of a group. This is a full time program running 35 hours a week. There are nine core lessons in the Social Skills Model that we facilitate and these lessons are provided to the above mentioned agency's clients weekly or monthly, depending on need and availability of space.

Many people in low rental housing and shelters are fearful of "outsiders" coming to talk to them and therefore avoid attending programs traditionally offered. In order to increase attendance, participants do not have to provide their name or complete an attendance record. Services are provided on this basis in order to increase trust and allow individuals to open up at their own pace. An intake assessment is completed for each client in order to determine their eligibility and level of need. Both transportation and refreshments may be provided by the agency where the programs are offered. Though most program participation is voluntary, some participants residing in shelters are mandated to attend the Social Skills Training as part of their transitional housing supports. The shelters only allow people to live in a room and board capacity if they are actively seeking their own accommodation. Therefore, this program is seen as an important step in helping shelter residents to move on successfully.

This program is funded by Human Resources and Skills Development Canada under the Homelessness Partnering Initiative which is part of the National Homeless Partnering Strategy. Additional funding is also provided by the United Way.

Pardons

Since having a criminal record negatively impacts people's ability to find employment, all those who are eligible for a pardon are encouraged to apply. JHS has been assisting to complete these applications for the past 10 years and continues to do so on a fee for service basis (e.g.: \$75 if income is over \$20,000 per annum, sliding scale if below. Ontario Works pays \$75 for their clients). JHS staff work on site

to streamline the Pardons process and to ensure that all of the conditions are met before the application is submitted. In addition, this one on one service is provided in an effort to prevent the client from accessing this type of assistance from commercial enterprises that charge much higher and more prohibitive fees.

Bail Program

This program began in the late 1970's and helps reduce the numbers of "failure to comply and failure to attend charges" and custodial remands by assisting individuals to live successfully in the community while awaiting trial. Intake interviews are conducted at the Police Station and at the Algoma Treatment and Remand Centre, and bail supervision is provided on site at the JHS office. Offered daily, Monday through Friday in the office and on Sundays at the Jail, individuals are seen based on their recognizance conditions (e.g. between once and five times per week). All individuals are mandated to attend.

Funding is provided by the Ministry of the Attorney General.

Community Service Order Program

This program began in 1978 and operates daily at JHS' main office. It responds to a need for alternative sentencing options for those charged with non violent offences. It is open to anyone over the age of 18 that has been ordered to perform community service hours by the courts. The intent of the program is to provide an opportunity to repair damage that has been done to the community by allowing participants to enhance their skills through participating in work placements at non profits agencies. Conversely, agencies benefit by having work completed at no cost. JHS staff also provides participants with referrals to other organizations when needed, with short term counselling as required, and as it pertains to their successful placement with an agency. All participation is mandatory.

Funding is provided by the Ministry of Community Safety & Correctional Services

Intermittent Sentencing Program

When a participant receives a sentence of 90 days or less, the judge may allow that sentence to be served intermittently on the weekends. Participants serving intermittent sentences report to a designated correctional facility on Friday evenings, to spend the entire weekend in custody. All participants serving intermittent sentences are screened by institutional staff. Participants accepted into the program and referred to the John Howard Society will be issued a Temporary Absence Permit to work weekend assignments in the community as arranged by the John Howard Society. They are required to report directly to the assigned work site, for the designated period of time. The participant is confined to their home for the evening throughout the weekends. Any infringement of the conditions of the program will result in the cancellation of the participant's participation in the program.

Funding for this program is provided by Operation Springboard, the Ministry of Community Safety and Correctional Services in cooperation with the John Howard Society

Esport

This software program is utilized to gauge a client's employment skill levels, [relative to Essential Skills](#), prior to their placement in an employment program and as a way to assist in skill building in deficit areas. This skill assessment is available to all recipients of Ontario Works and the Ontario Disability Support Program benefits. Recipients do not pay for this service, though clients referred from other agencies are charged fees at a rate of \$125/hr for a group or \$75/hr for one on one assistance. The assessment is offered on site at JHS' main office and takes approximately 1.5 hours to complete. All participants are required to be enrolled in the Options Program (see below) and case notes and other details of (e.g.: whether or not the client has participated in the program, the results of their assessment etc) are documented. Both group and one on one service are provided voluntarily.

Funding for this software is from Ontario Works.

Options to Employment

This program responds to a need within the community to provide assistance that includes social skills training and workplace readiness for clients facing multiple employment barriers. Services are provided both in a group format and on an individual basis. Primarily, participants in this program are long term recipients of Ontario Works (OW) and/or Ontario Disability Support Program Benefits (ODSP), though dependent spouses of ODSP clients may also take part. The goal of this program is to ensure that clients have the basic skills and support to become a part of the working population. Other goals of the program include supporting and increasing the number of employers who are trained and who actively support the hiring of applicants with disabilities or who are facing barriers. Workshops for employers on conflict resolution are also offered by JHS staff in an effort to improve employee retention.

Each participant completes an intake assessment in order to determine their readiness and ability to work in a group learning environment. Often clients require one on one counselling beforehand for a 4-8 week period to prepare them for completing the social skills group. Following the group, participants work one on one with a job coach to assist them in preparing for a work placement.

Parts of this Employment program include a six week Social Skills Training component, and one on one job readiness coaching, both delivered at JHS' office. The monitoring of work placements also takes place and Employer/Business Workshops are delivered both at the employment site and in the JHS Board Room for those employers who will be working with program graduates. This service is free for the employer and they are reimbursed for the wages of the employees that attend

through an agreement from Ontario Works. This is part of the training process in order to improve the chances of success for JHS clients who have been “placed”.

Social Skills Workshops for clients in this program run for six consecutive weeks entailing 54-60 hours of classroom training. A job placement of up to 6 months can begin at any time after a participant has completed the Social Skills Workshops.

Funding for this program is provided by Ontario Works on a fee for service basis. Negotiations with the Ministry of Community and Social Services are in progress, to determine their provision of a fee for service in 2009.

Employment Resource Centre

The program is free and open to the public, though its focus is on unemployed adults. The goal of the program is to offer employment tools to people looking for work. Information and referrals to community agencies are provided for to those looking for retraining. This program is offered in “The Federal Building” for 35 hours a week (8:15 to 4:15) Monday to Friday. Clients can access the Resource Centre computers daily for up to two hours. Each participant is assessed to determine their needs at the initial point of contact. They may be referred to other agencies at that time, but are still able to access the Centre. Resource Centre staff are available to work on a one on one basis with clients, but in most cases, it is a self-help environment.

The Centre also provides the use of a software program for clients to be able to assess their interests and skills. A resume template and Internet access are also provided. There is also an on-line computer training program (**Equi-Pass**) at a cost of \$25.00 per individual annually. This software training allows participants to learn up to 1000 software applications at their own pace through use of their own or our computer equipment. The Centre registers the client and offers three programs at a time for training.

Funding for this program is provided by the Ministry of Training, Colleges and Universities (Employment Ontario) until March 31, 2010

[JHS Simcoe & Muskoka](#)

Barrie Office, 80 Bradford St. Unit 336 (705) 733-0683

Adult Community Service Order Program

This program is offered on site at JHS’ main office, 35 hours each week. It is open to men and women, ages 18 and up, on probation with a condition to complete Community Service Hours. The goal of the program is to provide a meaningful and appropriate placement opportunity for the participant so that s/he and the agency can benefit from the community service work completed. All participants complete an intake assessment prior to being placed. All services are provided on a one to one

basis and all participants are mandated by the Ministry of Community Safety and Correctional Services, Probation and Parole Services.

Funding for this program is provided by the Ministry of Community Safety and Correctional Services on an annual basis.

Institutional Services

These services are provided to inmates (and their family) who are in custody in the Central North Correctional Centre, Fenbrook Institution and Beavercreek Institution. Its goal is to assist individuals in their search for viable and sustainable post release and resettlement options. Services are offered by phone from the JHS' main office site and in the institutions listed above. Case Management services are provided by JHS staff via monthly visits to all three institutions. Follow up and correspondence is completed every Friday and much follow up work is done at the Barrie office. On Wednesdays, collect calls from inmates are accepted. Currently, these institutional services are available on a one on one basis only. All participation is voluntary.

Funding for the program is provided by JHS Ontario.

Intermittent Community Work Program

This program, delivered in partnership with Operation Springboard, is offered at the JHS' main office site and is available to adult men serving intermittent sentences in the community. The goal is to keep individuals connected with their family and other positive supports, and to help them to remain employed while serving their sentence. It also allows the participant to be able to give back to their community. Case Management services are available and supervision is usually on the weekends (this may vary at times). A Case Manager is on call (14 hours over the weekend) and each client is required to complete a minimum of 11 hours of work within the placement (this is spread out between Saturday and Sunday). Referrals (temporary absence passes) are received from Operation Springboard by fax. The JHS Case Manager then places the client and faxes completed Temporary Absence Passes (TAP's) back to Springboard. The client is approved for the program by the TAP Coordinator from Central North Correctional Centre. All work with program participants is provided on a one on one basis and all participation is mandated by Central North Correctional Centre, Ministry of Community Safety and Correctional Services.

Funding for this program is provided on a sub-contract basis through Operation Springboard whose contract is reviewed annually.

Note: The Ministry only recently began funding this program again. It had been available in years past, but was then unavailable for some time. JHS is hopeful that this will continue, though funding is allotted only from one year to the next.

JHS Sudbury

204 Pine St. (705) 673-9576

Anger Management Program

The men's and women's anger management programs are each 12 sessions in length and offered on site at the JHS. The programs are open to anyone needing assistance to learn how to control their anger response. The main goal of the program is the prevention of violence. Fees for the program are based on a sliding scale and are in accordance with what one can afford. All participants complete an intake assessment and additional counselling is available for those who request it. Transportation assistance is available and light refreshments are sometimes available. Sessions run weekly and are three hours in length.

Funding for the program is provided by the United Way.

Direct Service

Since its inception in 1960, JHS has been offering this core service. It is open to individuals who are or who have been in conflict with the law. Support is also available to family members, friends and loved ones who have been impacted by their loved one's criminal justice system involvement. This program is offered on site at the JHS office, (Monday to Friday, 9 a.m. to 4:30 p.m. and some evenings) provides support and counselling services. Each participant completes an intake assessment at their first meeting. All participation is voluntary and sometimes transportation assistance maybe available for those needing to conduct employment searches.

Funding for the program is provided by the United Way, through Bingo fundraisers and financial donations from individuals, community businesses and private foundations.

Institutional Visitation

Since its inception in 1960, JHS has been offering this service to men who are incarcerated at the Sudbury jail. JHS staff assist individuals in custody through the provision of one on one counselling and visitation, one to three times each week, whenever space at the facility allows for it. All participation is voluntary.

Funding for this program is provided on an ongoing basis by the United Way, through Bingo fundraisers and financial donations from individuals, community businesses and private foundations.

Pre-Release Planning

Since its inception in 1960, JHS has been offering this service to men who are incarcerated at the Sudbury jail. JHS staff provide individuals with assistance on a one on one basis to develop discharge plans for their release from custody. This service is offered one to three times each week, depending on the availability of space at the jail. All participation is voluntary.

Funding for this program is provided on an ongoing basis by the United Way, through Bingo fundraisers and financial donations from individuals, community businesses and private foundations.

Community Service Order Program (CSO)

This program assists adult men and women who receive community service as a disposition from the courts to complete hours mandated by the court. The program operates at JHS' main office site for 22.5 hours per week. Each participant completes an intake assessment and services are provided on a one on one basis. Placement organizations are located in the City of Greater Sudbury and include non profit agencies, individuals who are older adults or physically challenged, and charitable groups such as churches. The JHS coordinator works with and supervises the client to insure that s/he completes their hours in a placement that is suitable and provides the participant and the agency with a meaningful experience.

Funding is provided by the Ministry of Community Safety and Correctional Services.

Inmate Art Program

Based on the need to provide creative outlets for inmates at the Sudbury Jail, this group program has been in operation since 1997. Its goal is to provide artistic instruction on a weekly basis during a regular two hour session. Intake assessments for the program are completed by the Program Officer at the jail. All participation is voluntary.

Funding is provided through Bingo fundraisers and financial donations from individuals, community businesses and private foundations.

Library Service

In operation since 1995 and in response to the closure of most jail libraries across the province, this program, open to all inmates at the Sudbury jail, provides books and magazines to those who are in custody. This service is available during two evenings each week when books are distributed in a one on one format by JHS volunteers who take a cart filled with books to each range for the inmates to choose from.

Funding for the program is provided by the United Way, through Bingo fundraisers and financial donations from individuals, community businesses and private foundations.

Pardons

Since having a criminal record negatively impacts people's ability to find employment, all those who are eligible for a pardon are encouraged to apply. JHS has been assisting with the completion of these applications for the past 10 years and continues to do so. JHS staff work on site to streamline the pardons process and to ensure that all of the conditions are met before the application is submitted. In addition, this one on one service is provided in an effort to prevent the client from

accessing this type of assistance from commercial enterprises that charge much higher and more prohibitive fees.

Ontario Works pays \$50.00 per client for this service, United Way funding enables the \$50.00 fee to be waived for those clients not on Ontario Works.

Housing Supports

This program, part of the City of Greater Sudbury Housing First Strategy operates daily (Monday to Friday, 9:00 a.m. to 4:30 p.m.) and assists homeless adult men and sometimes their families to find and maintain permanent housing. Counselling and Case Management services are available on site at JHS' main office location as well as throughout the community via client accompaniment. All participants complete an intake assessment and are provided with one on one support. Connections to community resources including food banks, shelters, clothing, bedding and the local rent bank are also made. In most cases, informal counselling is also provided. Limited support for transportation to emergency shelters maybe available, as is some food. Participation is voluntary.

Funding is provided on an annual basis by the City of Greater Sudbury.

Community Presentations and Education

This service includes the provision of JHS speakers to elementary, secondary, and post secondary schools, institutions, service clubs and church groups. Topics vary in accordance with the specific needs and interests of the audience.

[JHS Thunder Bay](#)

[132 North Archibald St. \(807\) 623-5355](#)

Bail Verification and Supervision Program (BVSP)

For the past 2 years, JHS has provided this program which serves individuals, 16 years and older, (males and females) charged with criminal offences but who are not a threat to the community, and would otherwise qualify for bail but do not have the finances or social ties to meet bail conditions. This program allows these individuals to be released from custody and provides for their supervision while they are in the community awaiting trial. In so doing, the program supports the reduction of delays in the criminal court and represents a cost effective alternative to remand by enabling the release of low-risk accused.

The program operates Monday to Friday out of the main JHS office. The three major functions of the program are:

1. To identify the availability of a surety.
2. To provide verified neutral and factual information about an accused person at judicial interim release proceedings and to assist the court in selecting suitable candidates for bail and bail supervision.

3. To provide supervisory counselling and referral services for people who are released from custody by the courts. An assessment is completed upon release. The result of the assessment is to help the client and the bail supervision counsellor in developing a case plan that can begin to address areas of concern that may have contributed to the alleged conduct.

Case Management services are provided though no formal counselling is offered. However, the coordinator will offer support, advice and motivate clients as part of her intake and follow-up processes. All services are provided on a one on one basis and all participants are mandated by the courts.

Funding for the program is provided by the Ministry of the Attorney General.

Howard House -Transitional Housing Program

Howard House offers short and long term accommodation for men who are or have been in conflict with the law. Housing is provided for men coming directly out of a correctional institution or for those who have had difficulty “getting back on their feet” due to their criminal history. On average, Howard House provides housing for 50 residents a month.

Each resident’s room is furnished with a bed, dresser, night table and a refrigerator. Residents share the kitchen, washroom and laundry facilities, and must abide by strict rules of residency. A residential caretaker provides evening and weekend support and night staff provide after hours security.

Residents complete an intake assessment and are provided with Case Management and counselling services through the JHS Reintegration Program (see below). A breakfast program provides a hot breakfast 5 days a week and “food packs” are given out once a week. Food packs consist of a small supply of food. The Regional Food Distribution Centre provides JHS with food items (mostly canned and dried food or cereal) which are distributed to the residents. Since the breakfast program does not operate on the weekends, this ensures that residents have sufficient food supplies during this time.

Funding for the housing program is provided by rental income, the United Way, private donors, foundations and local businesses.

Community Supervision Order Program

For the past 22 years this program has served individuals 18 years and older, who have been ordered by the courts to perform volunteer hours as an alternative to incarceration. Operating on site at JHS’ main office, the program provides participants’ with volunteer work placement opportunities which are supervised by JHS staff at local organizations. Case management services are provided though no formal counselling component is included in the program. However, the program coordinator will offer supportive advice and motivational counselling as part of the

intake and follow-up work with clients. All services within this program are provided on a one on one basis.

Funding is provided by the Ministry of Community Safety and Correctional Services on a long term contractual basis.

Re-Integration Services Program

The Re-Integration Program works closely with people who have come into conflict with the law. It is designed to help individuals successfully re-integrate back into the community. The process of re-integration consists of responding to the needs of clients, coordinating required services, providing clients with social service connections needed to obtain government identification, working with OW /ODSP, accessing employment services, individual counselling, educational services, and treatment and/or other programming.

The program coordinator attends weekly discharge planning meetings at the Thunder Bay Correctional Centre, working closely with institutional staff to create release plans with inmates. Regular visits are also made to the District Jail where the coordinator meets with individuals who are being released and are in need of assistance.

The programming is currently offered on site and includes the following:

Life Skills Series- This series was designed to prepare individuals for living in the community. It provides individuals with skills to help them succeed in society. Sessions include components on stress reduction and grief.

Substance Use Program-This program is designed to help individuals determine whether or not their substance use is creating problems in their lives. It is taught in an educational format and explores the different issues involved in substance use.

Anger Management- This program is designed to help introduce individuals to concepts involved with managing their anger. It is taught in an educational format and helps individuals explore their own issues and needs for treatment.

The Reintegration program also coordinates social and recreational programming with the assistance of volunteers. Movie nights, social dinners, Bingo's etc, provide pro-social activities to help residents transition into the community after their incarceration.

Participants in the program may be voluntary or mandated by probation or the courts. A resource manual entitled, "Finding our Way in Thunder Bay", has been created for this program and is also used by other agencies in the community. It is geared towards individuals who are in conflict with the law, providing a comprehensive list of community resources including those that provide food, clothing, treatment, or government services.

Funding for the program is provided by the United Way, the Ministry of Community Safety and Correctional Services.

JHS Toronto

60 Wellesley St. W. (416) 905-4386

Intake Services

This service was implemented to support individuals who are unable to make an appointment with a counsellor, as is the case for many service users who may be released from jail or court at a moment's notice or who may not have a phone. This service is accessible to adult men who have been in conflict with the law or are at risk of coming into conflict with the law. Many are isolated, homeless and without community supports.

On Monday mornings from 9:00 a.m. to 12:30 p.m., at JHS' main, downtown office site, new clients will be seen. Each new client completes a risk/need intake assessment (which can take approximately one hour), in order to identify their specific counselling requirements and to ensure that appropriate services can be provided and referrals can be made, both internally and externally.

Tokens for public transportation are provided for clients to be able to reach destinations that they have been referred to as a result of assessment with a JHS staff member, or in order to meet immediate needs (i.e.: shelter and food).

Coffee and water is available and participation is voluntary. In addition, condoms, clean needles and safe crack kits are provided.

Funding for this service is provided by the United Way.

*Note: **Case Management** services are integrated into all programs at the agency. The practices are altered as needed, in relation to the client's personal needs and capacity.*

Community Education/Public Speaking

This service is provided to the community as requested to provide education and information on the Criminal Justice system. This service assists to demystify the Justice System, debunk myths, educate the community on the facts about crime and its causes, to advocate on behalf of, and minimize fear associated with the JHS client group, and to provide information on the programs and services required to increase community safety.

This service is provided in a variety of professional settings throughout the City of Toronto, including schools and businesses.

This program is not specifically funded.

Residential Program Partnership with CAMH – Toronto Drug Treatment Court

The program was implemented in February 2008 as a 2 year pilot project. It provides safe and supportive housing for adult men who are involved in the Toronto Drug Treatment Court Program with the Centre for Addiction and Mental Health. Residents have histories of chronic homelessness, incarceration and addiction. Traditionally, those who are homeless are less likely to succeed in the program. JHS leases two houses, one in the West end and the other in the East end of Toronto. Each residence accommodates four individuals and the treatment focus is harm reduction, based in behavioural modification.

The program is delivered in partnership with CAMH and both group therapy and individual counselling are provided by CAMH and JHST staff. Twenty four hours a day, seven day a week on-call support is available.

Residents must meet the expectations of the Toronto Drug Treatment Court. Should they commit a new criminal act or become violent while in the house, they will be asked to leave the program, and possibly face new charges. Intake assessments are completed for each participant by the JHST and CAMH staff. Bus tickets are provided and all participants are mandated by the Toronto Drug Treatment Court.

Funding is provided to JHST by CAMH through their contract with the Department of Justice.

AAA (Attitudes, Alternatives and Associates)

This program is provided on a contractual basis through Correctional Service of Canada. It is offered to adult men on federal parole or Warrant Expiry Date 810 orders. The program consists of 26 educational sessions, each running for three hours in duration and focusing on changing attitudes and identifying high risk situations in participants' lives that have historically led to conflict and/or incarceration. Any missed sessions must be made up. The program is offered at the Correctional Service of Canada's Keele Centre three times per week. Both group and one on one services are offered. Bus tickets are available in some circumstances. Clients in this program are mandated to attend through Correction Service of Canada.

Funding for this program is provided on a two year renewable, contractual basis by Correctional Services of Canada. Continued funding is based on need and client numbers.

Anger Management Substance Abuse Community Justice Program (ASAP)

Offered on-site at the JHS main office, this program serves men and women who have been referred by the courts for Community Justice Intervention (formerly diversion) after having engaged in behaviours which indicate a need for anger

management and/or substance use counselling/education. This program will positively impact the participant, their family and friends. The goal of the program is to assist individuals to understand the effects that aggression and substance abuse can have on their lives. They learn positive coping mechanisms to deal with anger and stress which have previously led to heavy drug or alcohol use and aggression. Both group and one on one services (in some specialized cases only) are provided by this program. The participants, who complete an intake assessment, must attend all 3 of the group sessions (offered once per week for 2 hours). Bus tickets are available in some cases. All clients are mandated through the court's Community Justice Program.

Community Justice

This program is offered at two courts sites (1000 Finch – at Dufferin, and 2201 Finch-at Arrow Rd.) and is open to all clients who have been determined to be eligible for "diversion" by the court. The goal is to allow participants to complete reasonable sanctions as an alternative to the regular court process.

Some Case Management services are available through this program which operates daily at both locations, Monday through Friday, from 9:00 a.m. until 4:30 p.m. Bus tickets are made available in some circumstances and all participation is mandated by the court.

Institutional Services

This program operates in four local detention centres (The East Detention Centre, The West Detention Centre, The Toronto Jail, and Mimico Correctional Centre). JHS staff and volunteers provide individual pre-release planning and referrals based on individual treatment needs and goals. Group sessions are provided at the Toronto Jail on Drug Awareness and harm reduction education. All participation is voluntary. Funding for these services are provided by the United Way, The City of Toronto and the John Howard Society of Ontario.

Partner Assault Response Program (PAR)

This Domestic Violence program, offered at three sites (JHS T's main office, Scarborough Probation and Parole and the Jane/Finch Probation office), is open to adult men who have been charged with and/or convicted of domestic assault. They are either mandated to attend by the court, on early plea (bail) or probation, though a few attend voluntarily. The program impacts the participants as well as their families and partners who are provided with information and counselled on safety planning.

This program focuses specifically on partner abuse prevention and family network safety. Its overall goals include assisting participants to understand the harm of assaulting their partners. Participants learn how to communicate in a positive, non-abusive manner while acquiring skills to reduce the risk of violence. Fees for this program are based on a sliding scale and no one will be refused service if they are

unable to pay. Both Case Management and counselling are available through this program which consists of 16 group sessions (and one initial intake/counselling session). Each group sessions is 2 hours in length within the open group format. Participants must attend 14 of the 16 group sessions and complete an intake assessment prior to beginning the group. Bust tickets are available in some cases.

Funding for this program is provided by The Ministry of the Attorney General on a year to year basis and is anticipated to continue.

Anger Management Professional Training

JHS-T is recognized for its history of delivering Anger Management Programs. Having been approached by local organizations such as the Centre for Addiction and Mental Health as well as various private companies in the community, this program was developed to meet the needs of professional agencies and corporations to deliver professional Anger Management training to their staff members. The program benefits the service users and enhances health and well being within the workplaces that participants represent.

Fees for this program, offered at the main office location or at the organization/company requesting the training, are negotiable. Generally, the training is provided for large group audiences and the length of each session is determined by the expressed need of the agency or company. Refreshments are provided and participation is encouraged by the employer.

The program is funded only by the fees that are charged for the training.

Anger Management Program

This program has been operating for approximately 20 years. It is offered on site at JHS' main office and at various community agencies upon request. It is open to adult men who have been charged with assault or who recognize their need for help with managing their anger by assisting them to learn how to express this emotion in a healthy, positive manner. Assertiveness training and stress management interventions are introduced throughout the program. Program fees are negotiable and based on a sliding scale. Both counselling and Case Management services are available through this program which is offered weekly in a closed group for 10 weeks. Each group is 2 hours in length. Participants must attend nine of the ten sessions in order to receive a certificate of completion. An assessment is completed with each participant prior to beginning the group. Bus tickets are provided in some cases and light refreshments are available. Participants are both mandated (usually referred by probation) and voluntary. There is no significant funding source available for this program other than the fees paid by participants in the groups.

Funding for this program is provided in part by the United Way and supplemented by income generated from the Anger Management Professional Training sessions.

Volunteer program

This program affords opportunities for students and interested community members to provide support, resources and additional services for JHS' clients participating in programs at The East Detention Centre, The West Detention Centre, The Toronto Jail, Mimico Correctional Centre, and the JHST office. Bus tickets are available for the volunteers. The program includes the Mailbag Program which provides letters to inmates in federal institutions.

Funding for the program is provided by the United Way.

Bus Transportation Program

This program serves families and friends of inmates in provincial and federal institutions by providing cost-effective transportation in order for them to visit their loved ones in custody. Fees for transportation are based on a sliding scale. Pick-ups are arranged at various locations across the city and rides to federal correctional facilities in the Kingston area as well as to the Central North and Central East Correctional Centres are arranged.

Funding for the program is provided by user fees and The JHS of Ontario.

First Things First: Offender Housing Treatment Program

The John Howard Society of Toronto in partnership with the Good Shepherd Centre recognized that a significant number of men were losing their housing as a result of their addictions and the lack of treatment options available to address them. It was also recognized that these individuals require a supportive housing model of intervention. This free program, offered at JHS' main location and to those in custody at the Toronto Jail, is open to adult men who are or who have been in conflict with the law, and who have been chronically homeless and are dealing with substance use issues. Participants are provided with assistance to obtain and maintain housing. Counselling is also available on harm reduction and relapse prevention. Landlord mediation and life skills training are also provided. Program partners include various shelters throughout the city upon request. A relapse prevention group is facilitated on a weekly basis for 2 hours at JHS' main office. This is an open group which is voluntary. Participants do not have to be clients of the agency. It has been in operation for 9 years and is anticipated to continue.

Funding is provided by the City of Toronto's Homeless Initiative Funding.

Native Inmate Liaison Program (NILO)

This program provides group and individual counselling to inmates who identify as Native at the East Detention Centre, the West Detention Centre and the Toronto Jail in order to enhance learning that is culturally specific and to assist with discharge planning. The program provides both counselling and Case Management services

and operates for 28 hours/week in both group formats and on a one on one basis. All participation is voluntary.

Funding is provided by the Ministry of Community Safety and Correctional Services until 2010.

Post Incarceration Housing Supports (PIH)

This program, part of the City's Streets to Homes Initiative, operates daily (Monday to Friday, 9:00 a.m. to 4:30 p.m.) and assists homeless adult men who have left prison within the last 3 months to find and maintain permanent housing. Counselling and Case Management services are available on site at JHS' main office location, at the East Detention Centre, The West Detention Centre, the Toronto Jail, Mimico Correctional Centre, Kingstons area prisons (quarterly), the Keele Centre, and at two local court houses (old City Hall and College Park), as well as throughout the community via client accompaniment. All participants complete an intake assessment and are provided with one on one support. Participation is voluntary.

Funding is provided on a year to year basis by the City of Toronto.

Scarborough Treatment Addiction Resource Team (S.T.A.R.T.)

This free program responds to a need that was identified in the Scarborough community for addiction services and specifically for harm reduction counselling for male prisoners and ex-prisoners. It is open to adult men in custody at the Metro East Detention Centre, and ex-prisoners at Scarborough Hope Shelter, Second Base Youth Shelter and Scarborough Housing Help Centre. The goal is to deliver harm reduction, Case Management and counselling services and to assist these individuals in reducing harm to themselves and others. For the first two years of the program, it is offered for 21 hours per week and 12 hours per week in the 3rd year. This is standard practice for this funding stream. This program is in its final year and will be completed on March 31st, 2009. Weekly group sessions are provided and individual counselling takes place as well. All participants complete an intake assessment and may be voluntary or mandated (by probation).

This program is funded by the Centre for Addiction and Mental Health – Scarborough Addiction Services Partnership (SAS) for a three year period though a funding proposal needs to be submitted for each year.

JHS Waterloo-Wellington

Main office site, 310 Charles St. E. (519) 743-6071

Guelph Area Office, 85 Westmount Rd. (519) 863-1501

Cambridge Career Connections, 40 Ainslie St. South, Cambridge (519) 622-0815

Community Aftercare

This program is offered at JHS' Kitchener, Cambridge and Guelph offices. It provides assistance to ex-prisoners who wish to re-integrate into the community successfully. The aftercare program provides referrals to community resources such as social assistance, employment services, housing registries, food banks, mental health services and addiction treatment programs. The JHS Aftercare worker provides one to one counselling, utilizing a cognitive-behavioural approach to challenge criminogenic thinking and suggest pro-social behaviour. Clients contact the JHS Aftercare worker and schedule an intake appointment. Meetings are normally scheduled Monday through Thursday between 9:00 and 5:00 but some early evening appointments can be provided if needed. All participation is voluntary.

Funding is provided by the United Way.

Partner Assault Response (PAR)

This program is provided at the JHS Kitchener office only. It is aimed towards individuals who have been abusive in their domestic relationships. Both men's and women's groups are provided and both cover similar themes. Partner contact is provided for all of the groups. The program attempts to bring about sustainable change, and therefore focuses on attitudinal as well as behavioural change. Programs are 16 sessions in length with continuous intake and 7 groups run concurrently. Participation is both voluntary and mandatory and those who have been mandated to attend by the courts must complete 13 of the 16 sessions. Fees to participate in this program are \$350 but maybe reduced when needed, and no client is ever denied service for failure to pay.

Funding for this program is provided by the Ontario Ministry of the Attorney General, Victim Services division, and the United Way.

Back on Track

This fee for service program is overseen by the Ministry of Transportation and is managed throughout the province by the Centre for Addiction and Mental Health (CAMH) in Toronto. CAMH contracts with local service providers, such as JHS to provide both an educational and a treatment program for people who have lost their license due to an impaired driving offence. The program focuses on attitudinal and behavioural change with the goal of eliminating drinking and driving incidents among participants. It has two streams; One is a 16 hour treatment group, and the other is an 8 hour educational group. The treatment group is offered once a month in Kitchener and the educational group is provided monthly in both Kitchener and Guelph.

Participants undergo an assessment interview to determine which group they will attend. Program fees are currently \$608 per person and are paid directly to CAMH. There is no provision to adjust fees. In addition to the assessment interview and the group intervention, clients are also required to participate in a follow-up telephone

interview that is conducted 6 months following the group session. Participation in the program is entirely voluntary and is not related to any criminal procedures. Criminal charges are dealt with through the court process and have separate consequences. However, completion of the program is a compulsory condition for reinstatement of one's drivers license through the Ministry of Transportation.

This program is fully funded by the user fees. The program is overseen by the Ministry of Transportation as part of the Road Safety Act.

Community Justice Program

Originally known as Adult Diversion, this program allows adults charged with minor criminal offences an opportunity to avoid the normal court process by participating in the program. Upon successful completion, the charges are withdrawn. Unsuccessful cases go through the normal court process. One of the goals of the program is to clear court time by diverting those charges with minor offences and by reducing the number of court appearances. It is open to adults who are charged with a relatively minor category one or two offence. All referrals must be approved by the Crown Attorney. The worker usually makes first contact with the client at the court house and holds follow-up meetings at the JHS office.

The program operates during normal office hours, Monday through Friday. Participants meet with the Community Justice Worker to establish a plan of action that will allow the person to be accountable for their actions without appearing before a judge. Examples of suitable plans might be to make a donation to a charity, complete volunteer service hours or attend a workshop to gain skills and information that will reduce the likelihood of the person engaging in the behaviour again. Two such workshops are offered by JHS and another two are provided by the Salvation Army.

Community Justice Substance Use Awareness

This pilot program is one that is offered to participants in the Community Justice Program as an alternative sanction. The goal of the program is to increase participants' awareness of their use of substances and its impact on their lives. The program is offered off site at a local community centre in a group format for three hours, once a month. In order to successfully complete their Community Justice agreements, participants must complete the workshop. Participation in the program is free and voluntary and based on the individual's choice to take part in the Community Justice program.

Community Justice Anger Management

This pilot program is one that is offered to participants in the Community Justice Program as an alternative sanction. The goal of the program is to increase participants' understanding of the nature of anger and how their behaviour when experiencing this emotion can negatively impact their lives. The program is offered

off-site at a local community centre in a group format for three hours, once a month. In order to successfully complete their Community Justice agreements, participants must complete the workshop. Participation in the program is free and voluntary and based on the individual's choice to take part in the CJ program.

Community Service Order Program (CSO)

As a probation order or as a conditional sentence, judges may order individuals to perform a specified number of hours of volunteer work in the community, at charitable organizations. JHS oversees the completion of these community work orders by setting up work placements, providing support to participating community agencies, and by verifying that the work order has been completed satisfactorily. JHS provides this program in both Kitchener and Cambridge and staff meet with clients Monday through Friday.

Funding is provided by the Ministry of Community Safety and Correctional Services.

Partners for Healthy Relationships

Based on a model designed in West Virginia, this program is open to couples who have experienced domestic violence in their relationship and who are committed to remaining together. The men must have previously participated in a PAR domestic violence program (see above). Most participants have Family and Children's Services involvement. The goal of this group program is to assist couples in becoming more supportive of one another through better communication and improved understanding of each other's perspectives. The program entails 12 sessions which are each two hours in length. In order to successfully complete the program, participants must attend at least 10 of the 12 sessions. The intake/assessment interviews and group sessions are co-facilitated by a staff person from Family and Children's Services and by a staff person from JHS. Assistance with transportation and child care is available when needed. All participation is voluntary.

Funding is provided by The Ministry of Community and Social Services.

Caring Dads

This program is open to fathers, most of which have been involved with Family and Children's Services. It provides an opportunity for them to improve their parenting skills. Delivered at the Wilfred Laurier University School of Social Work and JHS' office in Cambridge, Caring Dads is offered in partnership with Family and Children's Services and provides counselling in 12 groups sessions (running two hours in length), three times a year. Each participant completes an intake assessment to determine their suitability for the group and must attend at least 10 of the 12 sessions. All participation is voluntary.

Funding is provided by the Ministry of Community and Social Services.

[JHS Windsor-Essex County](#)

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AAA (Attitudes, Associates and Alternatives).

This is a Correctional Service of Canada program that serves federal ex-prisoners, their families and the entire community. It is primarily an intervention for those who have been charged with non-violent offences but who have two or more fraud or drug offences

A pre, interim, and post report is to be completed for each individual commenting on progress, attendance, participation and completion. The program runs at the JHS office in partnership with Correctional Service of Canada. It offers counselling over a period of 26 classroom session, each 2.5 hours in length. Attendance is mandatory. The program must be delivered in its entirety.

The program is funded by Correctional Service of Canada.

The Windsor Essex Bail Verification and Supervision Program

Developed and implemented by the Ministry of the Attorney General, this program has been in operation since 2007 and serves men and women over the age of 16 who are in custody and awaiting a bail review, who do not have a surety. Those having no more than 3 “fail to comply” convictions in the last 4 years may be eligible. As an alternative to incarceration for those awaiting a court disposition, the program provides community supervision to those who are unable to find a surety. Taking place at JHS’ main office, the Chatham St. location, and the Windsor Court of Justice, the program is delivered in partnership and with the cooperation of the Justice of the Peace and the Crown Attorney’s office.

It offers a series of one on one sessions consisting of both Case Management and counselling components. The program also includes a series of mandatory 5-10 minute weekly sign-in supervision sessions which continue until the charges are dealt with.

Mandatory reporting maybe required, depending on the conditions of the client’s bail which maybe imposed by JHS’ Bail Program or by the Courts. All participation is mandatory.

Funding is provided by The Ministry of the Attorney General.

Personal Financial Management

Developed by staff at JHS, this program serves federal ex-prisoners and their families. It is offered at JHS’ main office and provides clients with a working knowledge of budgeting in general. It also helps individuals to acquire a demonstrated awareness of their personal spending plans through the completion of a budget with each participant that is based on his/her income and expenses. Individuals’ personal

budgets are monitored on a regular basis at the request of the client. Offered in partnership with Correctional Service of Canada, the program provides individual counselling over 2, one-hour sessions, though this can be extended depending on individual need and suitability. Participation may be voluntary or mandatory.

Funding is provided by the Correctional Service of Canada.

“Taking Charge” Women’s Self Management Program

This program, offered on site at JHS’ main office, has been in operation since 1990 and is tailored to women ages 16 and up. Through a series of eight, one on one counselling workshops (one hour each), it deals with subjects such as self-esteem, co-dependency, healthy/abusive relationships, stress management, family violence, drugs and alcohol, parenting skills, personal finance, community resources, and community integration. The program is based on behaviour modification and awareness, and helps to educate women in the areas of life skills and coping mechanisms. Voluntary self-referrals are always welcome though many clients are referred and may be mandated by other agencies such as the Children’s Aid Society, probation, or the Courts.

Funding for the program is provided by The United Way.

“New Leaf” Adult Men’s Anger Management Program

For almost 20 years, this free group program, operating at JHS’ main office, is open to men who are ages 18 years of age and older. It deals with the concerns and consequences of anger. The ten session (90 minutes each) program has been developed to allow participants to understand and to deal with their anger problems. The program is based on behaviour modification and awareness, and helps the men to understand anger as an emotion, develop an awareness of negative and non-productive anger management styles, and to learn productive and positive anger management techniques. In order to complete the program, participants (who may be either voluntary or mandated), must complete an intake assessment and all 10 sessions (making up any ones that have been missed).

Funding for this program is provided by the United Way.

Community integration

This program operates from JHS’ main office and provides individuals charged with crimes and those released from correctional institutions with services and appropriate referrals to other local community agencies. Participants are also provided with assistance and information on Pardon applications or counselling services.

Clients can visit the office to access this program by appointment or can simply drop in during regular office hours which are 8:30 a.m. to 4:30 p.m., Monday to Thursday and until 3:30 p.m. on Friday. All participations is voluntary.

Funding is provided by The United Way.

John School Diversion Program

This group program is open to men who have been charged with solicitation of sex and who have not previously been convicted. Operating as a court diversion program and offered as an alternative measure based upon education, behaviour modification and ultimately crime reduction, its focus is on increasing knowledge, assessing choices and taking responsibility for one's actions. John School takes place during one eight hour session, from 8:30 a.m. to 4:30 p.m. on a Saturday. Participants will learn about the law and the consequences of a criminal record, sexual health risks and their consequences, as well as the impact of their behaviour on others within community with an emphasis on families. The goal of the program is to decrease recidivism and to enhance community safety, increase knowledge, and create positive shifts in attitudes and/or behaviours. There is a \$500 fee to participate in the program which is offered at City Hall Square, in partnership with the Windsor Police Service and the office of the Crown Attorney. Successful program completion results in participants having the charges withdrawn by the Court.

The program is sustained by user fees and will continue as long as there is a demand for it.